

Wrexham Maelor Hospital Plan



RENAL UNIT

Kidney Transplant Patients



Transferring to Wrexham
Maelor Hospital

Young Adult Joint Clinic

How will my transfer to adult clinic happen?

We do not have a regular clinic set up at Wrexham as some years there are no patients ready to transfer to adult services at Wrexham. Arrangements are therefore made on an individual basis.

In the year you will be transferring your care, as part of the transition planning we will write to the renal transplant team at Wrexham. We need to plan a year ahead to ensure the transition is smooth and gradual.

In the first instance Julie or Emma the transplant nurse specialists will attend renal clinic to meet you and we have combined clinic.

Julie will then arrange orientation to Wrexham to allow you look around and meet a few people.

Once you feel happy to transfer your care to adult services we will arrange clinic at Wrexham to have a final combined clinic. Allison will usually attend this clinic.

Your care will continue at Alder Hey until transfer is agreed by you and the teams

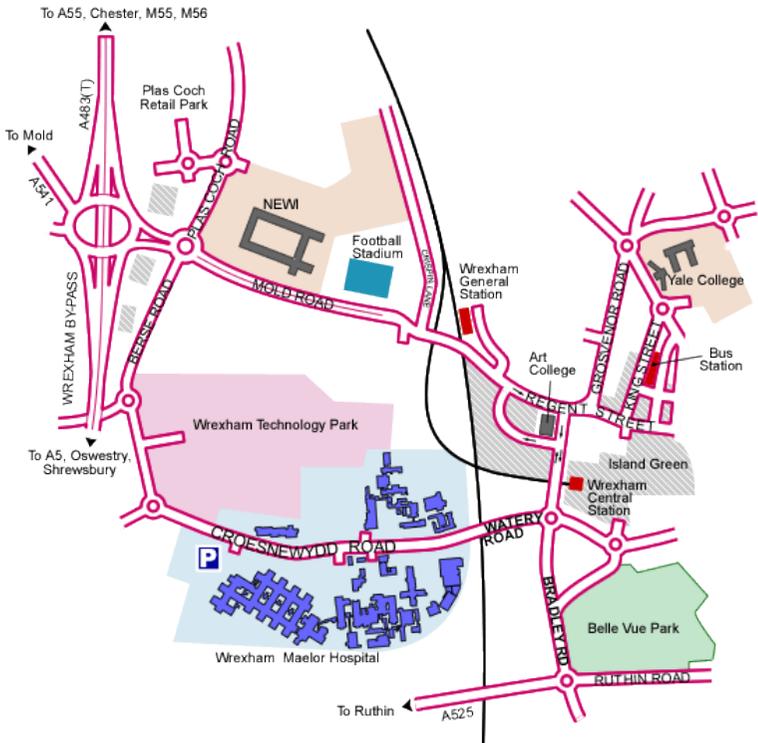
Transport

It is simpler to provide your own transport. Ambulance transportation cannot specify times therefore delays are possible. Transport can be arranged via your G.P. However if this is a problem contact Julie.

Booking Transport (if you qualify for transport):
0845 6076181

Parking

Parking is free. Space is limited therefore it is advisable to arrive early



Blood tests

Blood tests are in Phlebotomy department on the ground floor of the renal unit.

Emla/Ametop is not supplied by the Wrexham but you may ask your GP for prescription if you still require this for blood tests.

Blood tests are not done using Entonox® gas in adult services so if you currently use this we need to work with you to plan how to try alternatives for blood tests.

Blood tests are taken Wednesday morning prior to clinic so results are available in clinic.

If you are unable to attend prior to clinic, bloods will be taken on the day of clinic and you can phone for the results two days later.

Who will my kidney care be transferred to?

Wrexham Maelor Hospital Nephrology Team

Wrexham Maelor Hospital, Croesnewydd Road,
Wrexham LL13 7TD

Link Nurse & Contact Ward at Wrexham

Julie or Emma
Transplant Nurse Specialist

Tel: 01978 727 126

Switchboard : 01978 291100

Nephrology Secretaries: 01978 727122

Consultant Clinic Visits

These are held on Wednesday morning in the renal unit. A nurse will take you through to check your weight, blood pressure and urine.

The consultant nephrologist will take over your care.

There are nephrologist at Wrexham

- Dr Drew
- Dr Thomas
- Dr Robertson
- Dr Glover

Prescriptions & Medication

You will need to get most of your prescriptions from your G.P.

Your G.P. may not be able to prescribe some of your medications e.g. immunosuppression medication e.g Tacrolimus

If you have any queries or problems about your medication speak to Julie or the any of the other transplant nurse specialist.

You can phone to order immunosuppression prescriptions: 01978 726 333

Before you transfer to Wrexham you need to visit your GP and find out what medication they can prescribe for you. Once you have done this you need to start getting prescriptions from the GP.