

Show Me Where™ – Innovative Pain Assessment Tools

Many people suffering pain and discomfort cannot tell anyone about their distress. They may have a permanent or temporary communication difficulty, or they cannot speak English. This means their pain may be not be identified or dealt with effectively.

Show Me Where™ is suite of simple visual tools that enable adults and children to convey the location and nature of their pain or discomfort. They can then be given appropriate support and treatment. Using the tool regularly reduces stress and anxiety and ensures the early detection of pain with vulnerable people.

Show Me Where™ is available as polypropylene fan tools, magnetic wallchart and digital apps (via Apple and Google Play App Stores) for both children and adults. The apps also offer a range of text prompts in different languages to facilitate communication with non-English speakers: Arabic, Bengali, Polish, Somali, Urdu and Welsh.



In a clinical environment it is helpful for family, friends and nursing assistants to triage individuals and therefore support a more rapid and effective examination by healthcare professionals. It also enables clinicians to inform the patient and gain consent for medical examination and interventions.

Since being introduced Show Me Where™ has been recognised as a valuable resource for a wide range of people in a variety of settings including clinical, education and domestic.

Show Me Where™ can be used with the following groups/conditions:

- ✓ Stroke
- ✓ Autism (ASD)
- ✓ Dementia
- ✓ Disabilities e.g. CP, MS
- ✓ Deafness and hearing problems
- ✓ Intubated or tracheostomy
- ✓ Trauma or anxiety
- ✓ Non-English speakers

Show Me Where™ was created by Irene Hammond, a school nurse from the Hollies Special School, Cardiff for children with autism and speech disabilities. These children were unable to communicate pain and were impossible to examine because of anxiety or sensory issues. The tools were developed by Cardiff and Vale University Health Board.



"We use Show Me Where as part of the Pain Assessment and Management Toolkit in all clinical areas. We endorse its value in clinical practice."

Sue Mogford, Lead Nurse, Pain Team, Cardiff and Vale University Health Board



"This app is brilliant! I have successfully used it with a selection of autistic spectrum condition children with a variety of communication levels ranging from no spoken language to excellent communicators."

Sunshine Haskell BA Hons, PGCE Teacher, The Hollies Special School, Wales



"My son finds Show Me Where lessens his anxiety when visiting the doctor or nurse. He was able to have his throat examined for the first time ever with no stress or discomfort, for him and me!"

Ceri Lewis, parent of a child with Autism

Prices

Polypropylene Fan Tools

- Adult Fan Tool: £7.50 excluding VAT & P&P
- Child Fan Tool: £7.50 excluding VAT & P&P

Multi-lingual Apps

- Adult App: £7.50 Excluding local taxes
 - Child App: £7.50 Excluding local taxes
- Available via Apple App Store & Google Play Store

Magnetic Wall Chart

- Child only: 16.67 excluding VAT & P&P

Discounts available for bulk orders (contact sales@focusgames.com). Fan tools can be printed with customer's logo on orders over 1,000 units.

Shop: <https://shop.focusgames.com/ProductDetails.asp?ProductCode=SMWA2018>