

CPR

Who decides about having **CPR**?



CPR stands for...

Cardiopulmonary Resuscitation

This book will try and help you understand about **CPR**

Who decides about CPR?



These decisions made by doctors involved in your healthcare are always best made when they involve **YOU**, and your family or carers



We will talk about your health and how ill you are and whether CPR is the right choice for you

What if I can't make a decision about CPR because of my illness or learning disability?



Someone who knows all about you will make the best decision for you



This person is called

A Legal Proxy

It may be a family member or a friend



You can choose who it is

or

A court will do it for you

What if I decide I don't want CPR?



That's ok, its your decision



You will still get all the doctor and nursing care you need



I have made a decision

Make sure you tell people who **NEED** to know



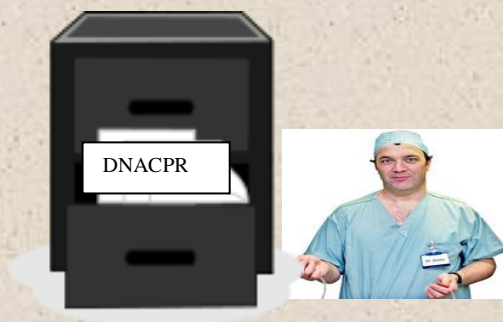
And it is written
down



There is a form
called...

Do Not Attempt Cardiopulmonary Resuscitation

(DNACPR Form)



This form will be
kept in a safe
place, your doctor or
nurse will keep a copy
and will give you a form
too, to take to your home



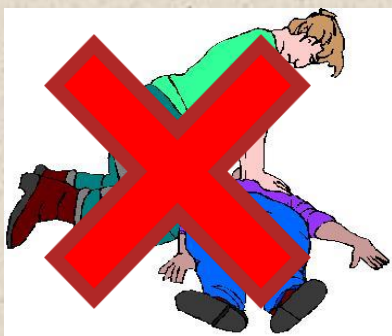
The doctors will
tell the people
who **NEED** to
know...



so if you
are taken ill...



and might need
an ambulance...



You, or your carer,
should give them your
form so they will know
not to try CPR

Please remember you CAN talk about CPR again at any time, even if there is already a DNACPR form



If you need more help to decide

These are some people who you might want to talk to about CPR...

- A carer or somebody who helps you
- Your family or your best friend
- The doctors and nurses involved in your care
- A vicar or priest
- An advocate
- Support groups
- The NHS helpline



This booklet is part of a series of 4 leaflets...

- What is CPR?
- Talking to someone about CPR
- Will CPR work for me?
- Who decides about CPR?

You might want to read these one at a time
and in your **own** time

This booklet has been devised on behalf of the All Wales DNACPR
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With thanks to

- Caerphilly People First
- Barod

February 2016

