



**QUESTIONNAIRE TO COMPLETE BEFORE YOUR VIRTUAL PODIATRY APPOINTMENT**

Understanding what matters to you is very important in helping us understand how we can support you in achieving your goal. If you could consider the below questions, ready for when you speak with the Podiatrist, so we can use the time together effectively.

**1. Please tell us what you would like to talk about during the consultation?**

Please tell us if there is more than 1 topic you would like to talk about. We will work with you to use our time together effectively.

**2. What are your goals?**

This is what you want to be able to achieve after speaking with us, you might say, *“To improve the pain in my feet” or “to prevent having foot problems e.g. foot ulcers.”*

**WE WOULD NOW LIKE TO UNDERSTAND YOUR THOUGHTS ON WHAT PART YOU MIGHT PLAY IN HELPING TO ACHIEVE YOUR GOALS**

**3. Before you speak with the Podiatrist, how important do you feel it is for you to do things at home, to help you achieve your goals?**

(Please circle on the scale of 0 to 10 with 10 being the most important)

<b>Not at all important</b>						<b>Extremely important</b>				
0	1	2	3	4	5	6	7	8	9	10

**4. Before you speak with the Podiatrist, how confident do you feel about what you might be able to do yourself at home, to help achieve your goals?**

(Please circle on the scale of 0 to 10 with 10 being the most confident)

<b>Not at all confident</b>						<b>Extremely confident</b>				
0	1	2	3	4	5	6	7	8	9	10