

Glaucoma Screening Service

Cardiff Eye Unit

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What is the Glaucoma Service?

Your optometrist has referred you to have your eyes checked for glaucoma. Glaucoma affects the nerves at the back of the eye which if left untreated can lead to irreversible sight loss.

How does the glaucoma screening service at Cardiff Eye Unit work?

The service is run by specialist trained ophthalmic practitioners. You will not see a doctor on the day, but you will have several eye tests including:

- Tonometry eye pressure check
- Visual Fields a test to check your side vision.
- Digital Imaging a detailed photograph of the optic nerve at the back of your eye

What happens to the results?

The results will be reviewed by a consultant eye doctor and you will receive a letter explaining the outcome which will be copied to your GP.

Depending on the test results, you might be given an appointment at Cardiff Eye Unit for further assessments or discharged back to your local optometrists for yearly check-ups.

What do I need to bring with me on the day?

The service is run by specialist trained ophthalmic practitioners. You will not see a doctor on the day, but you will have several eye tests including:

- A list of any medications you are taking
- A list of any eye drops you are taking
- Glasses for distance and most recent glasses prescription if available

How long is the appointment?

We aim to finish all your tests in one hour. Please arrive on time for your appointment as we may not be able to see you if you are late.

Do I need to bring someone with me?

Occasionally we need to use eye drops to enlarge the pupil of the eyes to get good quality photographs. These drops can blur your vision for 2-6 hours. You may go home by public transport, but it is essential that you do not drive on the day of your appointment. We advise that you bring someone along on the day to escort you home.