

Department of Clinical Neurophysiology
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INFORMATION FOR 24 HOUR/AMBULATORY RECORDING

Directions to the department

From the concourse go up the stairs/lift and follow the signs to all departments. Continue along the corridor, passing Pharmacy and X-ray until you reach B block lifts. Take a lift to the fourth floor (B4). Proceed along A block corridor, turning right at Clinical Neurophysiology. Map on reverse.

About your 24 hour (ambulatory) EEG investigation

The test is similar to your recent EEG. On this occasion the electrodes are left on for a 24 hour period. The discs are attached to the scalp by glue. They are connected to a small recorder worn on a belt around the waist. It will take approximately 1-2 hours to apply and set up. Wearing loose-necked, button through or clothing with zips will allow you to change your shirt or blouse more easily. It will be necessary to wear a T-shirt to which the leads are secured using sticky tape. Please make sure that your hair is clean and free from hair products.

Supervision of a child will be required at all times whilst wearing this equipment.

You will need to attend the following day for removal of the equipment.

What to bring with you

If the patient is a baby or child, it would be helpful if mum or dad could bring a drink/toy/video.

Please continue with your usual medication. A written list of what you take would be helpful for the physiologist.

Please bring a comb with you.

Please bring change for the pay and display parking system. The multi-storey car park is a suitable place to park. Outside the concourse entrance there is a car park for the disabled. During busy periods, please allow additional time for parking.

If you require an ambulance for transport, please contact your GP as soon as possible as several days notice is required.