

# Postgraduate Bulletin September 2017

## POSTGRADUATE UPDATE

### Contact Details

#### UHW Medical Education Centre

2nd Floor  
Cochrane Building  
Heath Park  
Cardiff  
CF14 4YU

Tel: 02920 746252

#### UHL Medical Education Centre

Education Centre  
Academic Building  
Llandough  
CF64 2XX

Tel: 02920 716341

#### Assistant Medical Director

Dr B Hope-Gill

#### Local Faculty Leads

Dr M Al-Mudhaffar  
Dr M Edwards  
Miss A Rees  
Dr T Tahir

#### Foundation Programme Directors

Dr J Dunne  
Dr K Davis

#### GPVTS Programme Directors

Dr A Cooper  
Dr U Kabeer

#### SAS Tutor

Dr F Pelz

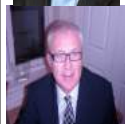
#### Clinical Skills Leads

Dr J Dunne

### Faculty Leads for Medical Education



Dr Ben Hope-Gill  
**Assistant Medical Director,  
Medical Education**



Dr John Dunne  
**Foundation Programme  
Director / Clinical Skills  
Lead**



Dr Tayyeb Tahir  
**Faculty Lead**

Dr Martin Edward  
**Faculty Lead**



Dr Frauke Pelz  
**SAS Tutor**

Dr Karl Davis  
**Foundation Programme  
Director**



Miss Alexandra Rees  
**Faculty Lead**



Dr Munawar Al-Mudhaffar  
**Faculty Lead**

If you require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW  
Tel: 02920 742474

### Important Notices Medical Education Department

#### CLAIMING EXPENSES

**Claims for expenses for Study Leave must be submitted electronically, and not via the CV1 Form.**

For assistance or to register for e-expenses please contact the help & support team on (029) 2090 3981

#### PLEASE NOTE

Items for the **October 2017 Edition** of the Postgraduate Bulletin should be forwarded to:  
[Medical.education.cav@wales.nhs.uk](mailto:Medical.education.cav@wales.nhs.uk)  
By **Friday 29th September 2017**

## Teaching for The Month

### FP1 Teaching

**Thursday 7th September - 2nd Floor, Cochrane Building UHW - 1.00pm - 3.30pm**

Topic 1: Fluid Balance and the Post-Operative Patient

Topic 2: The Patient with the Acute Mental Disorder

Topic 3: The Patient with Chest Pain

### FP2 Teaching

**Thursday 21st September - 2nd Floor, Cochrane Building UHW - 1.00pm - 3.30pm**

Topic 1: F2 Briefing Workshops

Topic 2: Trauma of the Elderly Patient

Topic 3: Topic TBC

### September: UHW Grand Round Lecture Theatre 4

Date	Presenter	Speciality	Presenter	Speciality
20 September	Dr H Morrison	Neurology	Ms S Richards	Health IDVA
27 September	Speakers TBC			

## Regular Departmental Teaching/Meetings

### MONDAY

8.30-9.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
12.30pm	Nurse's Office, Ward C7, UHW	Endocrine Clinical Meeting
1.00pm	Pathology Seminar Room, UHW	Paediatric Microbiology Case Discussion
1.30pm	Pathology Seminar Room, UHW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting

### TUESDAY

7.30am	Radiology Seminar Room, UHW	General Orthopaedic X-Ray Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session

### WEDNESDAY

7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching - Video Conference Dial NWIS 514052
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	MRCP Teaching	Neurology & Rheumatology - Video Conference Dial NO: 500059 - Landline: 01633 461957
12.45pm	Seminar Room 3, UGF A Block, UHW	Grand Round Autumn Term Begins 20th September
1.00pm	CF Seminar room, 2nd floor of CF Centre, UHL	Respiratory Radiology Meeting
1.00pm	A4/B4 Link, Epilepsy Unit, UHW	Epilepsy Surgery MDT Meeting (Fortnightly)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions

## Regular Departmental Teaching/Meetings

### THURSDAY

7.30am	Radiology Seminar Room	Spinal Education Meeting
8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
11.30am	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
09.30pm	Conference Room, Nephrology & Transplant, UHW	Topics on Transplant Surgery
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Pathology Seminar Room, UHW	Haematology Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching FP2, ST1, ST2 & 3 Topic Based Teaching Dr A Saayman

### FRIDAY

7.00am	Trauma Clinic	Paediatric Orthopaedic Breakfast Club
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	CF Unit, UHL	Weekly Education Meeting (Lunch Provided)
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round ( Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
2.00pm	Suite 8, UHW	Ophthalmology Regional Teaching

# The Library Page

## New content from our C&V resources

**UpToDate®** UpToDate now offers a more personal user experience! Bookmark UpToDate topics you wish to revisit, view a history of content you have previously accessed, and keep track of updates to topics you view most frequently. These features sync across all devices you use to access UpToDate – so your personalized experience is available anytime, anywhere. Log in to your UpToDate account to personalize your UpToDate experience!



An all new episode of UpToDate Talk features Dr. Jeremy Shefner, discussing the use of edaravone for the treatment of amyotrophic lateral sclerosis, and Dr. Charles Lockwood, discussing neonatal mortality in planned home births.

### New topics in UpToDate:

**Two new investigational therapies for hemophilia**

**Effect of insulin degludec and insulin glargine on hypoglycemia and CVD outcomes**

**Low yield of lumbar puncture after complex febrile seizure**

## ClinicalKey®

### New e-books

***Anterior Cruciate Ligament: Reconstruction and Basic Science***, (Prodromos, C.) 2nd ed;

***Brain Metastases from Primary Tumors, Volume 3: Epidemiology, Biology, and Therapy of Melanoma and Other Cancers*** (Hayat, M.A.) 1st ed

***Fracture Management for Primary Care, Updated Third Edition*** (Eiff, M. P.) 3rd ed

***Principles of Gender-Specific Medicine*** (Legato, M.) 3rd ed

***Urgent Care Dermatology: Symptom-Based Diagnosis*** (Fitzpatrick, J.) 1st ed

### New e-journal

***Endocrinology, Diabetes and Nutrition***; formerly known as *Endocrinology and Nutrition*; Years of Coverage: 2017 to present

You can find UpToDate and Clinical Key at work on the Clinical Portal, or at home with an Athens account.

If you need help or advice, please contact:

Rosemary Soper, Cardiff & Vale UHB Librarian.

[soper@cardiff.ac.uk](mailto:soper@cardiff.ac.uk) 02920 715497

## Upcoming Study Days and Courses

### World Sepsis Day Sepsis Seminar

**13th September 2017  
13:00**

**Lecture Theatre 1  
School of Biomedical and Life Sciences  
University Hospital of Wales**

**Free to attend for all students and members of staff of Cardiff and Vale UHB and Cardiff University**

### The Essentials of Anaesthesia in the Developing World and Remote Locations

**5 CPD Points**

**14th September 2017  
7th December 2017**

**Course Fee: £120 (£100 if paid 3 weeks before course date)  
Including Lunch and Refreshments**

To book your place, please visit  
<http://www.bmc.wales/developing-world>  
Email: [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk)  
Tel: 02920 743 108

### Newport Gwent MRCP Paces Course

**Highly successful course organised by  
Dr Anne Freeman**

**Friday 15th September  
Stations 2 & 4**

**Saturday 16th and Sunday 17th September  
Stations 1, 3, 5 & Mock Exam**

**Course Fee: £875**

To book your place, please visit  
[www.newportpaces.co.uk](http://www.newportpaces.co.uk)  
Email: [lucyhodkinson@wales.nhs.uk](mailto:lucyhodkinson@wales.nhs.uk)  
Tel: 01633 (23)8122

### Cardiff Perioperative Transoesophageal Echocardiology (TOE)

**19th - 21st September 2017**

**Course Fee: £400  
Including Lunch and Refreshments**

To book your place, please visit  
<http://www.bmc.wales/toe-handson>  
Email: [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk)  
Tel: 02920 743 108

## Upcoming Study Days and Courses

### Educational Supervisor Sessions 2017

**Managing Trainees in Difficulty**

25th September 2017

**Half-Day Refresher Course**

19th October 2017

**Workplace-Based Assessment and Feedback**

20th November 2017

Fee: Full Day £150 Half Day £75

For Further Details, please contact:

Kelly Stillman, Medical Education Department, UHW

[kelly.stillman@wales.nhs.uk](mailto:kelly.stillman@wales.nhs.uk)

### Managing Yourself

**A Series of Free Two-Hour Workshops for  
Cardiff and Vale Trainees**

**Professional Use of Social Media & Maintaining  
Boundaries**

2nd October 2017

**Confidentiality and Consent**

24th November 2017

**Good Medical Practice & How to Raise Concerns**

1st December 2017

10:00 - 12:00

Limited Places Available

For Further Details, please contact:

Carole Gee, Medical Education Department, UHW

[carole.gee@wales.nhs.uk](mailto:carole.gee@wales.nhs.uk)

### General Internal Medicine Procedural Skills Day

**To provide Lab Level training for GIM  
procedural competencies (parts A&B)  
required for CCT**

**9th October 2017**

**8:30 - 16:00**

**Medical Education Department, UHL**

**Limited Places - Please Book Early**

To book your place, please contact

[David.facey@wales.nhs.uk](mailto:David.facey@wales.nhs.uk)

### Focused Intensive Care Echocardiology (FICE)

**5 CPD Points**

**10th October 2017**

**Course Fee: £150**

**Including Lunch and Refreshments**

To book your place, please visit

<http://www.bmc.wales/fice>

Email: [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk)

Tel: 02920 743 108

## Upcoming Study Days and Courses

### Free One Day Courses for Cardiff & Vale Doctors

**Presentation Skills**  
17th October 2017

**Managing Pressure and Improving Resilience**  
14th November 2017

**Interview Skills**  
7th December 2017

**Communication Skills**  
17th January 2018

**Negotiating & Influencing Skills**  
17th January 2018

Limited Places Available

For Further Details, please contact:  
Carole Gee, Medical Education Department, UHW  
[carole.gee@wales.nhs.uk](mailto:carole.gee@wales.nhs.uk)

### Simple Statistics, Excel & SPSS

**20th October 2017**

**Course Fee: £100 (£90 if paid 3 weeks before course date)**  
**Including Lunch and Refreshments**

To book your place, please visit  
<http://www.bmc.wales/statistics>  
Email: [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk)  
Tel: 02920 743 108

### Trauma & Orthopaedic Crash Course

**23rd October 2017**  
**8:00 - 16:00**

**Medical Education Department, UHL**

**Course Fee: £10**  
**Limited Places - Please Book Early**

To book your place, please contact  
[David.facey@wales.nhs.uk](mailto:David.facey@wales.nhs.uk)

### Update in Medical Toxicology

**1st - 2nd December 2017**  
**Jury's Inn, Park Place, Cardiff**

- Emergency Management of Poisoned Patients
- Toxic Alcohols
- Paracetamol (to include SNAP)
- Metal Poisoning (Case Studies)
- Novel Psychoactives
- Chemicals in the Eye

**Course Fee**  
£300 for 2 days  
£200 for 1 day

For More information  
<https://www.awttc.org/wnpu>  
Email: [tox.course@wales.nhs.uk](mailto:tox.course@wales.nhs.uk)



## Upcoming Study Days and Courses

### **An Introduction to Research Methods**

**10 CPD Points**

**14th - 15th December 2017**

**Course Fee: £180 (£160 if paid 3 weeks before course date)  
Including Lunch and Refreshments**

To book your place, please visit  
<http://www.bmc.wales/research>  
Email: [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk)  
Tel: 02920 743 108

### **Oncology Master Class** **"Oncology for Non-Oncologists"**

**16th February 2018  
8:45 - 16:30**

**Course Fee: £25  
(Including Coffee and Lunch)**

**Lecture Theatre 2, Education Centre,  
Morriston Hospital**

To book your place, please contact  
Owain Heaven at  
[Owain.Heaven@wales.nhs.uk](mailto:Owain.Heaven@wales.nhs.uk)

### **Leadership & Management** **A Free Two-Day Course for** **Cardiff and Vale Higher Trainees**

**19th/20th February 2018**

**2nd/4th May 2018**

**Course Facilitator: MIAD**

For Further Details, please contact:  
Carole Gee, Medical Education Department, UHW  
[carole.gee@wales.nhs.uk](mailto:carole.gee@wales.nhs.uk)

# Cardiff and Vale University Health Board

## Medical Education Department

### *RCPE Evening Updates*

Royal College of  
Physicians of Edinburgh  
*Educating doctors, improving care.*

**Time: 6.30pm – 8.15pm**

**Venue: Medical Education Department, UHL**

#### **Web Streaming to RCPE Evening Update**

##### **2017**

**26th September - The unconscious patient**

**24th October – Cardiorespiratory arrest**

**21st November - Jaundice**

**12th December - Blackout/collapse**

##### **2018**

**30th January - Diarrhoea**

**20th February - Breathlessness**

**27th March - Headache**

**24 April - Haematemesis /Melaena**

**29th May - Chest pain**

**26th June - Acute confusion**

**CPD approved activity code: 106822**

**CPD credits: 2**

(UK Federation of Royal Colleges of Physicians CPD Scheme)

**To register your place, please contact:**

**David Facey, Medical Education Clinical Skills Technician**

**Telephone: 029 20 716341 Email [David.Facey@wales.nhs.uk](mailto:David.Facey@wales.nhs.uk)**