

Cardiff and Vale University Health Board  
Department of Medical Education

# Postgraduate Bulletin May 2018

## POSTGRADUATE UPDATE

### Contact Details

#### UHW Medical Education Centre

2nd Floor  
Cochrane Building  
Heath Park  
Cardiff  
CF14 4YU

Tel: 02920 746252

#### UHL Medical Education Centre

Education Centre  
Academic Building  
Llandough  
CF64 2XX

Tel: 02920 716341

#### Assistant Medical Director

Dr B Hope-Gill

#### Local Faculty Leads

Dr M Al-Mudhaffar  
Dr M Edwards  
Miss A Rees  
Dr T Tahir

#### Foundation Programme Directors

Dr J Dunne  
Dr K Davis

#### GPVTS Programme Directors

Dr A Cooper  
Dr U Kabeer

#### SAS Tutor

Dr F Pelz

#### Clinical Skills Lead

Dr J Dunne

### Faculty Leads for Medical Education



Dr Ben Hope-Gill  
**Assistant Medical Director,  
Medical Education**



Dr Frauke Pelz  
**SAS Tutor**



Dr John Dunne  
**Foundation Programme  
Director / Clinical Skills  
Lead**



Dr Karl Davis  
**Foundation Programme  
Director**



Dr Tayyeb Tahir  
**Faculty Lead**



Miss Alexandra Rees  
**Faculty Lead**



Dr Martin Edwards  
**Faculty Lead**



Dr Munawar Al-Mudhaffar  
**Faculty Lead**

If you require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW  
Tel: 02920 742474

### Important Notices Medical Education Department

#### CLAIMING EXPENSES

**Claims for expenses for Study Leave must be submitted electronically, and not via the CV1 Form.**

For assistance or to register for e-expenses please contact the help & support team on (029) 2090 3981

#### PLEASE NOTE

Items for the **June 2018 Edition** of the Postgraduate Bulletin should be forwarded to:  
[Medical.education.cav@wales.nhs.uk](mailto:Medical.education.cav@wales.nhs.uk)  
By **Friday 25th May 2018**

## Teaching for The Month

### FP1 Teaching

**Thursday 3rd May - Medical Education Dept, UHW - 1.00pm - 3.30pm**

Malnutrition  
Dealing with Challenging Patients  
End of Life Care

### FP2 Teaching

**Thursday 17th May - Medical Education Dept, UHW - 1.00pm - 3.30pm**

CT Scans and Chest X-Rays  
Obstetrics and Gynaecology Emergencies  
Eye Emergencies

### May: UHW Grand Round

Date	Presenter	Speciality	Presenter	Speciality	Location
2nd May	Dr Graham Shortland	Medical Director	Miss Janneke Van Beijnum	Neurosurgery	Lecture Theatre 3
9th May	Dr Martin Edwards	Child Health	Dr Anjana Haridas	Ophthalmology	Lecture Theatre 3
16th May	Mr Len Richards	Chief Executive	Dr Allan Wardhaugh	Paediatrics	Lecture Theatre 4
23rd May	Dr Ceri Bygrave	Haematology	Dr Sashin Ahuja	Orthopaedic Surgery	Lecture Theatre 3
30th May	Higher Trainees Case Presentation Competition				Lecture Theatre 4

## Regular Departmental Teaching/Meetings

### MONDAY

8.30-9.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.00pm	Rookwood Hospital	Rehabilitation Medicine Teaching (1st Monday of each Month)
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
1.00pm	Cancer Research Building, UHW	Lab Science Haematology Meeting
1.00pm	Pathology Seminar Room, UHW	Paediatric Microbiology Case Discussion
1.30pm	Pathology Seminar Room, UHW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting

### TUESDAY

7.15am	Radiology Seminar Room, UHW	Radiology MDT Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session

### WEDNESDAY

7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)
12:00pm	2nd Floor, Cochrane Building, UHW	Neurology Teaching
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	MRCP Teaching	Neurology & Rheumatology - Video Conference Dial NO: 500059 - Landline: 01633 461957
12.45pm	Lecture Theatre 3/4, UGF A Block, UHW	Grand Round Summer Term Begins 2nd May
1.00pm	2nd Floor, Cochrane Building, UHW	G.P. Teaching
1.00pm	CF Centre Seminar Room, UHL	Respiratory Radiology Meeting
1.30pm	Paediatrics Seminar Room, 3rd Floor, Children's Hospital	Epilepsy Surgery MDT Meeting (2nd and 4th Wednesday of each month)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions

## Regular Departmental Teaching/Meetings

### THURSDAY

7.15am	Radiology Seminar Room	Spinal Teaching Meeting
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
10.30am	Nephrology & Transplant Conference Room	Topics on Transplant Surgery
11.30pm	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching FP2, ST1, ST2 & 3 Topic Based Teaching Dr A Saayman

### FRIDAY

7.00am	Trauma Clinic	Paediatric Orthopaedic Teaching
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	CF Centre Seminar Room, UHL	Weekly Education Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round ( Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
2.00pm	Suite 8, UHW	Ophthalmology Regional Teaching

# The Library Page

## New Content for UpToDate and Clinical Key

### UpToDate



**UpToDate Talk (podcast)** is now issued weekly—sign up for your personal copy.

April 11: *Vaccination to prevent herpes zoster* featuring Dr. Kenneth Schmade

April 18: *Catheter ablation for atrial fibrillation with heart failure* featuring Dr. Brian Olshansky

### New Topic Reviews:

- \* Immune checkpoint inhibitors in patients with cancer and pre-existing autoimmune disease
- \* Stepping down therapy in asthma
- \* Maternal antiviral therapy and perinatal HBV transmission

### Clinical Key

#### New Journals:

*Advances in Radiation Oncology*  
*Arthroscopy Techniques*  
*Epilepsy & Behavior Case Reports*  
*Human Pathology: Case Reports*  
*Journal of Clinical Tuberculosis and Other Mycobacterial Diseases*  
*Journal of Pediatric Surgery Case Reports*  
*Journal of Vascular Surgery Cases and Innovative Techniques*  
*Neurobiology of Pain*  
*New Microbes and New Infections*  
*Oral and Maxillofacial Surgery Cases*  
*Otolaryngology Case Reports*  
*Schizophrenia Research: Cognition*  
*Trauma Case Reports*

#### New Books:

*Atlas of Cardiac Surgical Techniques (Sellke, Frank) 2nd ed*  
*Bancroft's Theory and Practice of Histological Techniques (Suvarna, S. Kim) 8th ed*  
*Chordomas and Chondrosarcomas of the Skull Base & Spine (Harsh, Griffith) 2nd ed*  
*Dizziness and Vertigo Across the Lifespan (Gleason, A. Tucker)*  
*Endovascular Treatment of Aortic Aneurysms (Donas, Konstantinos)*  
*Gartsman's Shoulder Arthroscopy (Elkousy, Hussein) 3rd ed*  
*Liu, Volpe, and Galetta's Neuro-Ophthalmology (Liu, Grant) 3rd ed*  
*Molecular and Cellular Therapies for Motor Neuron Diseases (Boulis, Nicholas)*  
*Nelson Essentials of Pediatrics (Marcdante, Karen) 8th ed*  
*Neuromonitoring Techniques (Prabhakar, Hemanshu)*  
*New Therapeutics for Traumatic Brain Injury (Heidenreich, Kim)*  
*Physiology of the Gastrointestinal Tract (Said, Hamid) 6th ed*  
*Principles and Practice of Surgery (Garden, O. James) 7th ed*  
*Rheumatology (Hochberg, Marc) 7th ed*  
*Shoulder Arthroplasty (Edwards, T. Bradley) 2nd ed*  
*Thoracic Imaging: The Requisites (Shepard, Jo-Anne) 3rd ed*

For help or training in using UpToDate or Clinical Key, please contact Rosemary

If you need help or advice, please contact:

Rosemary Soper, Cardiff & Vale UHB Librarian.

[soper@cardiff.ac.uk](mailto:soper@cardiff.ac.uk) 02920 715497

## Upcoming Study Days and Courses

<p><b>Medical Women's Federation Spring Conference 2018</b></p> <p>Friday 11th May 2018 Plaza Suite, Park Plaza Hotel, Greyfriars Road, Cardiff, CF10 3AL</p> <p>Aiming for the Wellbeing of Women Doctors and their Patients</p> <p><b>Conference Topics Include</b> Prenatal Testing Perinatal Mental Health Menopause Dementia</p> <p>Submissions for Abstracts still open</p> <p>Registration details available at: <a href="http://www.medicalwomensfederation.org.uk">www.medicalwomensfederation.org.uk</a></p>	<p><b>Leadership and Management Courses For Clinicians</b></p> <p><b>Leadership Conference for Healthcare Professionals 'Leading in an Integrated World'</b> Tuesday 15th May 2018</p> <p><b>Becoming an Influential Leader</b> Tuesday 5th &amp; Wednesday 6th June 2018</p> <p><b>Advanced Leadership Course for SAS Doctors</b> Tuesday 19th &amp; Wednesday 20th June 2018</p> <p><b>Clinical Leadership Programme for Consultants Learning to be an Effective Leader</b> Tuesday 2nd &amp; Wednesday 3rd October 2018</p> <p><b>Study Day for Junior Doctors, Nurses, Midwives &amp; Allied Healthcare Professionals</b> Monday 19th November 2018</p> <p>To book your place, please visit <a href="http://www.keele.ac.uk/cml">www.keele.ac.uk/cml</a></p>
<p><b>Clinical Leadership and Management Courses for Speciality Trainees 2 day Courses</b></p> <p><b>Surgical Specialties</b> Monday 21st &amp; Tuesday 22nd May 2018 Monday 15th &amp; Tuesday 16th October 2018</p> <p><b>Anaesthetists</b> Monday 11th &amp; Tuesday 12th June 2018 Monday 12th &amp; Tuesday 13th November 2018</p> <p><b>Diagnostic Specialties</b> Tuesday 30th &amp; Wednesday 31st October 2018</p> <p>To book your place, please visit <a href="http://www.keele.ac.uk/cml">www.keele.ac.uk/cml</a></p>	<p><b>Free One Day Courses for Cardiff &amp; Vale Doctors</b></p> <p><b>Communication Skills</b> 17th May 2018</p> <p><b>Negotiating &amp; Influencing Skills</b> 14th June 2018</p> <p>Limited Places Available For Further Details, please contact: Carole Gee, Medical Education Department, UHW <a href="mailto:carole.gee@wales.nhs.uk">carole.gee@wales.nhs.uk</a></p>

## Upcoming Study Days and Courses

### Core Medicine Training Clinical Skills & Simulation Day

**Date:** Friday 25th May 2018

**Time:** 8.30am – 4.00pm

**Venue:** Medical Education Department, Education Centre, UHL

**Targeting all Core Medical Trainees.**

Concise, clinically relevant teaching

Lumber Puncture

Central Venous Cannulation

Abdominal Paracentesis

Build and Develop Resuscitation Skills

**Places are limited, so early booking is advised**

**Refreshments and Lunch provided**

To apply or for further information please contact:

David Facey, Clinical Skills Technician

University Hospital Llandough, Penlan Rd, Llandough

Tel: 02920 716341, Email: [David.Facey@wales.nhs.uk](mailto:David.Facey@wales.nhs.uk)

### An Introduction to Research Methods

**12<sup>th</sup> and 13<sup>th</sup> July 2018**

**13<sup>th</sup> and 14<sup>th</sup> December 2018**

A 2 day course offering **10 CME points** from the Royal College of Anaesthetists covering all research competencies of the 2010 high syllabus in research.

**The course will include:**

- **Tutorials in study design,**
- **2-group statistics, meta-analysis and ethics**
- **Groupwork (1:4)**
- **Hands on computer work**
- **Critical appraisal**

**Course fee** is £200 including lunch and refreshments

**Register online from our website:**

<http://www.bmc.wales/research>

or contact [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk)

**Tel:** 02920 743 108

### Focused Intensive Care Echocardiography (FICE)

**12<sup>th</sup> JUNE 2018**

This event is approved by the Royal College of Anaesthetists for **5 CPD credits**

FICE accreditation course for the Intensive Care Society (ICS)\* and British Society of Echocardiography (BSE)

**Topics include**

- **Applied physics, image acquisition and Optimisation**
- **Comprehensive FICE examination and sonoanatomy**
- **Assessment of ventricular function, filling and common pathologies**
- **DICE cases (interesting interactive FICE cases)**
- **Hands on session with simulators and live scan on volunteers**
- **MCQ evaluation and FICE accreditation process**

**Course Fee:** £170 including lunch and refreshments

**Register online from our Website:**

<http://www.bmc.wales/fice>

or contact [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk)

**Tel:** 02920 743 108





Would you like to...

## ...become a Question Writer?

Every academic year the MBCh Undergraduate Assessments team need approximately 1000 new questions for our question bank which we use to generate our written exam papers. We are currently looking to recruit new question writers and would be very grateful if you could spare your time.

The next question writing session will take place on: **Tuesday 5th June 2018**

Each question writer will be asked to submit 10 questions in advance of the session where they will then be worked through and finalised at the session.



If you would like to get involved or require further information please contact the MBCh Undergraduate Assessments team via e-mail: [ugmedicassessments@cardiff.ac.uk](mailto:ugmedicassessments@cardiff.ac.uk)

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## Rho GTPase Networks and Cancer Progression

**Professor Anne J Ridley, FRS**  
**School of Cellular and Molecular Medicine**  
**University of Bristol**

**Thursday 10 May, 13:00**  
**Room UG16 Henry Wellcome Building**  
Seminar hosted by Dr Ann Ager ([agera@cardiff.ac.uk](mailto:agera@cardiff.ac.uk)),  
Division of Infection & Immunity  
Lunch buffet from 12:30



**School of Medicine Science Seminar Series**





## 2018 Evening Update Schedule:

### Free to Attend 2 CPD Points (External)

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#### Save the Date.....

29 <sup>th</sup> May 2018 6.30pm – 8.15pm	Chest Pain
26 <sup>th</sup> June 2018 6.30pm – 8.15pm	Acute Confusion

**Facilitated by: Department of Medical Education, Education  
Centre, Academic Building, University Hospital Llandough**

**Email: [Kelly.Stillman@wales.nhs.uk](mailto:Kelly.Stillman@wales.nhs.uk)**

**Tel: 029 20 716307**

#### RCPE CONTACT DETAILS

**Josiane Kirk,**

Education Co-ordinator, Royal College of Physicians of Edinburgh, 9 Queen Street, Edinburgh EH2 1JQ  
TEL: + 44 (0)131 247 3661 FAX: + 44 (0)131 220 4393 Email: [j.kirk@rcpe.ac.uk](mailto:j.kirk@rcpe.ac.uk)