

Cardiff and Vale University Health Board
Department of Medical Education

Postgraduate Bulletin

April 2017

POSTGRADUATE UPDATE

Contact Details

UHW Medical Education Centre

2nd Floor
Cochrane Building
Heath Park
Cardiff
CF14 4YU

Tel: 02920 746252

UHL Medical Education Centre

Education Centre
Academic Building
Llandough
CF64 2XX

Tel: 02920 716341

Assistant Medical Director

Dr B Hope-Gill

Faculty Leads:- Quality

Miss A Rees

Trainees

Dr T Tahir

Foundation Programme Directors

Dr J Dunne

GPVTS Programme Directors

Dr A Cooper

Dr U Kabeer

SAS Tutor

Dr F Pelz

Clinical Skills Leads

Dr J Dunne

Faculty Leads for Medical Education



Dr Ben Hope-Gill
**Assistant Medical Director,
Medical Education**



Dr John Dunne
**Foundation Programme
Director / Clinical Skills
Lead**



Dr Frauke Pelz
SAS Tutor



Miss Alexandra Rees
Faculty Lead for Quality



Dr Tayyeb Tahir
**Faculty Lead for
Trainees**

If you require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW
Tel: 02920 742474

Important Notices Medical Education Department

THE GMC NATIONAL SURVEY IS OPEN

The GMC Trainee Survey is your opportunity to help improve the quality of postgraduate and foundation training across the UK.

The 2017 Survey will be live from Tuesday 21st March - Wednesday 3rd May
www.gmc-uk.org/nts

PLEASE NOTE

Items for the **May 2017 Edition** of the Postgraduate Bulletin should be forwarded to:
Medical.education.cav@wales.nhs.uk
By **Friday 21st April 2017**

Teaching for The Month

FP1 Teaching

Thursday 13th April - Medical Education Centre, UHW - 1.00pm - 4.00pm

Malnutrition
Arrhythmia
Massive Haemorrhage Protocol

FP2 Teaching

Thursday 27th April - Medical Education Centre, UHW - 1.00pm - 4.00pm

TBC
TBC
The Emergency Headache

Royal College of Physicians of Edinburgh Evening Meeting

Rash

**Tuesday 25th April 2017
6.30pm - 8.15pm
Medical Education Department, UHL**

UHW Grand Round

SAVE THE DATE

Grand Round Summer Term commences on Wednesday 3rd May
In Lecture Theatre 1

Regular Departmental Teaching/Meetings

MONDAY

8.30-9.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
12.30pm	Nurse's Office, Ward C7, UHW	Endocrine Clinical Meeting
1.00pm	Pathology Seminar Room, UHW	Paediatric Microbiology Case Discussion
1.30pm	Pathology Seminar Room, UHW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting

TUESDAY

7.30am	Radiology Seminar Room, UHW	General Orthopaedic X-Ray Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session

WEDNESDAY

7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching - Video Conference Dial NWIS 514052
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	MRCP Teaching	Neurology & Rheumatology - Video Conference Dial NO: 500059 - Landline: 01633 461957
12.45pm	Seminar Room 3, UGF A Block, UHW	Grand Round (Grand Round Summer Term begins 3rd May)
1.00pm	CF Seminar room, 2nd floor of CF Centre, UHL	Respiratory Radiology Meeting
1.00pm	A4/B4 Link, Epilepsy Unit, UHW	Epilepsy Surgery MDT Meeting (Fortnightly)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions

Regular Departmental Teaching/Meetings

THURSDAY

8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
11.30am	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
09.30pm	Conference Room, Nephrology & Transplant, UHW	Topics on Transplant Surgery
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Pathology Seminar Room, UHW	Haematology Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching FP2, ST1, ST2 & 3 Topic Based Teaching Dr A Saayman

FRIDAY

7.00am	Trauma Clinic	Paediatric Orthopaedic Breakfast Club
7.30am	Radiology Seminar Room	Spinal Education Meeting
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	CF Unit, UHL	Weekly Education Meeting (Lunch Provided)
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round (Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
2.00pm	Suite 8, UHW	Ophthalmology Regional Teaching

Did you know....?

There's an App for that.

Here are some free apps which you might find useful.



BNF: The BNF app is available via the NHS Wales e-library:

http://www.wales.nhs.uk/sitesplus/documents/878/NHS-Wales-E-Library_BNF-BNFC-App_APRIL_2013.pdf



SIGN Scottish Intercollegiate Guidelines Network

The Scottish Intercollegiate Guidelines Network (SIGN) develops evidence based clinical practice guidelines for the National Health Service (NHS) in Scotland. <http://www.sign.ac.uk/guidelines/apps/index.html>



NICE:

<https://www.nice.org.uk/about/what-we-do/nice-apps-for-smartphones-and-tablets>



Sepsis: <http://www.1000livesplus.wales.nhs.uk/news/23625>



Dewis Doeth Cymru Choose Well Wales: <http://www.choosewellwales.org.uk/home>



Guy's & St Thomas's: Covers several useful topics including antibacterial prescribing, patient safety and thrombosis

<http://www.guysandstthomas.nhs.uk/news-and-events/download-our-apps.aspx>



Leeds University RRAPID: Simulation course on rapid response to the acutely ill patient, and can be used in the clinical setting. <http://rrapid.leeds.ac.uk/>



Medscape: Clinical answers at the point of care.

<http://www.medscape.com/public/applanding>

If you have a favourite app of your own, let us know.

For help or advice, please contact Rosemary Soper, Cardiff & Vale UHB Librarian.
soper@cardiff.ac.uk 02920 715497

Upcoming Study Days and Courses

4th Emergency Medicine Radiology Course

6 CPD Points

8th April 2017
Post Graduate Centre
Royal Glamorgan Hospital

Course Fee: £140
Including Lunch and Refreshments

A Comprehensive 1 day course which will cover all areas of Emergency Medicine Radiology relevant to the day to day working practice along with relevant Emergency Medicine procedures.

To book your place, please visit
www.emergencyradiology.co.uk

Free One-Day Courses for CAV Doctors in Training

Managing Pressure and Improving Resilience
19th April 2017

Communication Skills
17th May 2017

Negotiating and Influencing Skills
22nd June 2017

2nd Floor, Cochrane Building UHW

To book your place, please contact:
Carole Gee, Medical Education Department, UHW
carole.gee@wales.nhs.uk

Educational Supervisor Sessions 2017

Improving the Trainees Performance - Coaching and Providing Feedback
For Physicians: 25th April 2017 AM
For Surgeons: 25th April 2017 PM

Educational & Clinical Supervisors Course
18th May 2017

Managing Trainees in Difficulty
25th September 2017

Half-Day Refresher Course
19th October 2017

Workplace-Based Assessment and Feedback
20th November 2017

Fee: Full Day £150 Half Day £75
For Further Details, please contact:
Kelly Stillman, Medical Education Department, UHW
kelly.stillman@wales.nhs.uk

“Managing Yourself” A series of two-hour workshops for Cardiff and Vale Trainees

Good Record Keeping & Dealing with Challenging Patients
5th May 2017

Consent, Confidentiality & End of Life Care
26th June 2017

2nd Floor, Cochrane Building UHW

To book your place, please contact:
Carole Gee, Medical Education Department, UHW
carole.gee@wales.nhs.uk

Upcoming Study Days and Courses

PassPACES

To be held at
Guy's Campus, London

- 4-day Intensive revision courses covering all PACES stations.
- Neurology / Ophthalmology and Cardio-respiratory days.
- Teaching in small groups: 1 lecturer to 4-6 candidates.
- 5 Station Mock examination with individual feedback.
- Clinical demonstrations of examination technique.

8th to 11th May	26th to 29th May
13th to 16th May	30th May to 2nd June
17th to 20th May	5th to 8th June
22nd to 25th May	10th to 13th June

"It was a 100% pass rate for our group who all attended the PassPACES Course"

"Attending the almost legendary PassPACES course has often been described as the only sure way to pass the exam." BMJ Careers, 2/10/12

Book early to avoid disappointment!
www.PassPACES.co.uk
Telephone: 07 971 971 000

Current Controversies in Psychiatry

17th May 2017

Wales Millennium Centre, Cardiff

Esteemed speakers covering a range of topics in relation to this year's theme; Current controversies in Psychiatry.

Abstracts are now invited for posters covering topics on any aspect of psychological medicine or mental health. Deadline for submission of abstracts 5pm 7th April 2017.

For more information please contact:
Catherine Thomas

Email: c.g.thomas@swansea.ac.uk
<http://www.wps.swan.ac.uk/conferences.htm>

Colorectal Cancer Pathway: A Multi-Professional Study Day

17th May 2017

This Course is aimed at Nurses and Junior Doctors and designed to cover all aspects of the Colorectal Cancer Patient Pathway; from Referral process, diagnostic investigations, treatment modalities, aftercare and follow up.

Course Fee: FREE
£25 Refundable Deposit
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/clinical-emergencies>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Anaesthetic Emergencies for Consultants: Taught by Consultants

2.5 CPD Points

8th June 2017
7th September 2017

Course Fee: £60 (£50 if paid 3 weeks before course date)
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/clinical-emergencies>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Upcoming Study Days and Courses

Resuscitation Update for Consultants

12th June 2017

**Course Fee: £60
Including Lunch and Refreshments**

To book your place, please visit
<http://www.bmc.wales/resus-update-for-consultants>

Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Focused Intensive Care Echocardiology (FICE)

5 CPD Points

**13th June 2017
10th October 2017**

**Course Fee: £150
Including Lunch and Refreshments**

To book your place, please visit
<http://www.bmc.wales/fice>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

An Introduction to Research Methods

10 CPD Points

**15th - 16th June 2017
14th - 15th December 2017**

**Course Fee: £180 (£160 if paid 3 weeks
before course date)
Including Lunch and Refreshments**

To book your place, please visit
<http://www.bmc.wales/research>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Conducting a Systematic Review: A Practical Guide

Short Course

**26th - 29th June 2017
Cardiff University Heath Park Campus**

**Cost: £750 (£650 for Cardiff University and
NISCHR Portfolio Attendees)**

Practical, Comprehensive, Relevant
Approved by the Federation of the Royal
College of Physicians of the United
Kingdom for 20 Category 1 (External) CPD
Credits

<http://learnlive.cf.ac.uk/learn/training/courses/systematic-reviews/conducting-a-systematic-review-a-practical-guide/>

Upcoming Study Days and Courses

The Essentials of Anaesthesia in the Developing World and Remote Locations

5 CPD Points

**29th June 2017
14th September 2017
7th December 2017**

**Course Fee: £120 (£100 if paid 3 weeks before course date)
Including Lunch and Refreshments**

To book your place, please visit
<http://www.bmc.wales/developing-world>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Cardiff Ultrasound Guided Regional Anaesthesia with Cadaveric Anatomy Course

10 CPD Points

29th - 30th June 2017

**Course Fee: £275
Including Lunch and Refreshments**

To book your place, please visit
<http://www.bmc.wales/ultrasound-regional-anaes>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Cardiff Perioperative Transoesophageal Echocardiology (TOE)

19th - 21st September 2017

**Course Fee: £400
Including Lunch and Refreshments**

To book your place, please visit
<http://www.bmc.wales/toe-handson>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Simple Statistics, Excel & SPSS

20th October 2017

**Course Fee: £100 (£90 if paid 3 weeks before course date)
Including Lunch and Refreshments**

To book your place, please visit
<http://www.bmc.wales/statistics>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Upcoming Study Days and Courses

TLE MIAD Upcoming Courses

New Appraiser Training 1 Day Programme 10 CPD £209+VAT	CESR 1 Day programme for SAS 18 CPD £209+VAT
Appraisal Refresher Modular 1 Day Programme for Appraisers 8 CPD £209+VAT	AoME Accredited Educational & Clinical Supervision 2 Day Programme 12 CPD £350
Appraisal Lead Training 1 Day Programme 6 CPD £209+VAT	Train the Trainers 1 Day Programme 10 CPD £209+VAT

For more information contact:
01189 036363
Or info@tle-miad.com
Or visit www.tle-miad.com

Upcoming Study Days and Courses

Royal College of Physicians: Edinburgh Monthly Educational Webinars

The Medical Education Department is pleased to announce that we will be hosting video-conferencing sessions of the Royal College of Physicians Medical Webinars.

These are free to attend, and worth 2 CPD Points (External).

These Webinars will take place once a month, at University Hospital Llandough, and cover a variety of topics and specialities.

Further details will be available closer to the date, and disseminated through the Postgraduate Bulletin.

Upcoming Topics

Date	Time	Venue	Topic
25th April	18:30 – 20:30	Medical Education Dept, UHL	Rash
30th May	18:30 – 20:30	Medical Education Dept, UHL	Swollen Limbs
27th June	18:30 – 20:30	Medical Education Dept, UHL	Weakness & Paralysis



NATIONAL TRAINING SURVEY

The GMC Trainee Survey is your opportunity to help improve the quality of postgraduate and foundation training across the UK.

The 2017 Survey will be live from **Tuesday 21st March – Wednesday 3rd May**

Make sure you have your say!

www.gmc-uk.org/nts

General
Medical
Council

Regulating doctors
Ensuring good medical practice

2017 GMC Trainer Survey

Trainers : Have Your Say On Your Training Role



What's it all about?

Following the successful launch of the Trainer Survey in 2016, the GMC will be launching a national Trainer Survey for 2017 that will run concurrently with the established national Trainee Survey. The survey is an opportunity for you to give us feedback on areas such as whether you have time and an appropriate workload to train, as well as telling us about your development needs as a trainer. The feedback will enable us to continue to work with the Welsh Government and NHS Wales to ensure trainers are supported in their roles and ensure we are effectively implementing the GMC's Trainer Recognition Strategy. In addition, you can use the completion reference number as **evidence** of your commitment to participating in systems of quality assurance and quality improvement in your appraisal.

Who is this relevant for?

The survey is relevant for the following groups:-

- ⇒ **Educational Supervisors:** In secondary care this refers to those who have signed up to the Educational Supervision Agreement and in primary care this refers to GP Trainers.
- ⇒ **Named Clinical Supervisors:** Those Clinical Supervisors who oversee a trainees' work throughout the post and are involved in progress decisions.

Where can I find out more?

For more information about the Trainer Survey please contact us at walesdeaneryqa@cardiff.ac.uk or by phone on 02920 687 492

When & how do I fill in the survey?

The GMC will launch the survey on **21st March 2017**. The survey will be open for completion for six weeks until **3rd May 2017**.

You can access the survey through your **GMC Online** account. If you haven't used GMC Online before, don't worry your account can be activated for you just by answering a few simple questions when you first log in. This is always a check of information that the GMC already hold to confirm who you are. If you pay, or have paid, your annual retention fee by direct debit, you may be asked you to confirm your bank account details. This is purely to check your identity and no payment will be taken. You can activate your account via the following web page: http://www.gmc-uk.org/education/nts_gmconline.asp

All responses will be treated in confidence and reported anonymously. The results will be reported by the GMC from June 2017 (date tbc).



‘SPEED DATE A SPECIALTY...’

A CAREERS EVENT BEING HELD ON:

Date: Thursday 27th April 2017

Time: 12.00pm – 1.30pm

Venue: 2nd Floor, Cochrane, UHW

Start exploring your medical career at the specialty speed dating event for Year 3 – 5 Medical Students and Foundation Year Doctors.

**For Year 3 – 5
Medical Students**

**FY1/FY2
Foundation
Doctors**

**This will be a
fantastic
opportunity to
speak to
Consultants and
trainees from a
wide variety of
specialties**

**Wales Deanery
Careers Unit and
Wales Foundation
School will also
be available to
answer your
questions..**



**GIG
CYMRU
NHS
WALES**

**Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board**