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Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

DEPARTMENT OF MEDICAL EDUCATION BULLETIN

March 2019



University Hospital of Wales (UHW)

Cardiff and Vale University Local Health Board was established in October 2009, and is the largest Health Board in Wales.

The UHB has two Medical and Dental Education Centres, based across two sites, University Hospital of Wales (UHW) and University Hospital Llandough (UHL). Both centres provide the infrastructure and staff to facilitate the Education, Training and Continuing Development of Postgraduate Professionals in Hospital Medicine, General

Practice and Dentistry. They ensure the medical students receive a high standard of clinical placement and offer support to the clinicians delivering teaching. This involves working very closely with Cardiff University, School of Medicine and HEIW (formerly the Wales Deanery).

Each centre is managed by a dedicated team who ensure a high standard of Medical Education is provided across the UHB.



University Hospital Llandough (UHL)

The Medical Education Department

The Medical Education Department is spread over two sites at University Hospital of Wales and University Hospital Llandough. Both sites have their own Clinical Skills areas aimed at the teaching of Undergraduates and training of Postgraduates.

Ceri Hill
Medical Education Manager
029 2074 4850
ceri.hill2@wales.nhs.uk

Carole Gee
Deputy Medical Education
Manager
029 2074 6222
carole.gee@wales.nhs.uk

Sharon Goodwin
Medical Education Administrator
(Foundation & Year 5 Medical
Programme)
029 2074 6231
Sharon.Goodwin@wales.nhs.uk

Danielle Taylor
Medical Education Administrator
(Undergraduate)
02920 744510
Danielle.taylor2@wales.nhs.uk

Siobhan Griffin
Postgraduate Study Leave
Administrator
029 2074 2474
siobhan.griffin@wales.nhs.uk

Abigail James
Medical Education Assistant
029 2074 6239
abigail.james@wales.nhs.uk

Samantha Cook
Medical Education Assistant
029 2074 8199
samantha.cook3@wales.nhs.uk

Victoria Smith
Medical Education Assistant
02920 74 5261
Victoria.c.smith@wales.nhs.uk

Elizabeth Williams
Clinical Skills Technician
029 207442907
Elizabeth.Williams34@wales.nhs.uk

Medical Education
Department
2nd Floor
Cochrane Building
University Hospital of Wales
CF14 4YU

Tel: 02920 746252

Melanie Cotter
Medical Education Manager
029 2071 6341
melanie.cotter@wales.nhs.uk

Jayne Davies
Medical Education
Administrator
(DF1 Training &
Undergraduate)
029 2071 6254
Jayne.Davies7@wales.nhs.uk

Amanda Glazer
Medical Education
Administrator (Postgraduate
Medical & Dental)
029 2071 6342
amanda.glazer@wales.nhs.uk

Kelly Stillman,
Medical Education Assistant
029 2071 6307
Kelly.Stillman@wales.nhs.uk

David Facey, Clinical Skills
Technician
029 2071 6341
David.Facey@wales.nhs.uk

Medical Education
Department
Academic Building
University Hospital
Llandough
Penlan Road
Llandough
CF64 2XX

Tel: 02920 716341

Faculty



Dr Ben Hope-Gill
**Assistant Medical
Director, Medical
Education**



Dr Frauke Pelz
SAS Tutor



Dr John Dunne
**Foundation
Programme
Director /Clinical
Skills Lead**



Dr Karl Davies
**Foundation
Programme
Director**



Dr Tayyeb Tahir
Faculty Lead



Miss Alexandra Rees
Faculty Lead



Dr Martin Edwards
Faculty Lead



Dr Munawar
Al-Mudhaffar
Faculty Lead

If you should require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW. Tel: 02920 746222

For an appointment with the Foundation Directors, please contact Sharon Goodwin, Foundation Administrator, Medical Education. Tel: 02920 746231

The Library Page



UpToDate® New Features in UpToDate

New streamlined navigation

It's now easier for you to quickly scan, read and navigate UpToDate. With consolidated links and easy access to key resources like drug information and patient education, your navigation will be simpler and more efficient.

Improved readability

In an effort to improve readability, you'll now see increased font size and line spacing within our topic views, making the content less dense and easier to navigate. You can adjust the font size at any time by clicking the "Font" icon in the top right menu (between "Share" and "Bookmark") and selecting from the drop down.

ClinicalKey® New in Clinical Key

New Clinical Overviews

- Acute bronchitis
- Diabetic autonomic neuropathy
- Macrocytic anemia
- Primary adrenal insufficiency
- Testicular cancer

E-Books Added

- Andrews' Diseases of the Skin* (James, William) 13th ed
- Catheter Ablation of Cardiac Arrhythmias* (Huang, Shoen K. Stephen) 4th ed
- Contemporary Oral and Maxillofacial Surgery* (Hupp, James) 7th ed
- Critical Care Medicine* (Parrillo, Joseph) 5th ed
- Field Guide to Wilderness Medicine* (Auerbach, Paul) 5th ed
- Fundamentals of Skeletal Radiology* (Helms, Clyde) 5th ed
- Gordis Epidemiology* (Celentano, David) 6th ed
- McKee's Pathology of the Skin* (Calonje, Eduardo) 5th ed
- Nolte's The Human Brain in Photographs and Diagrams* (Vanderah, Todd) 5th ed
- Perinatal Genetics* (Norton, Mary) 1st ed
- Respiratory Physiology* (Cloutier, Michelle) 2nd ed

Next Pop-up Library Dates : also at UHL

Next dates for the pop-up library in UHW are **Thursday 7th March, 12.00—2.00. Classroom 1, Cardiff University Medical School suite** and **Thursday 21st March 12.00—2.00** in the **Postgraduate Zone, Main Hospital building, Room 2TB233. We have added a new pop-up at UHL, Friday 1st March, Patient Experience Room (at the entrance to the Dining Room).** Rosemary will be there to talk to you, discuss a literature search, and answer any queries.

If you need help or advice about library services, please contact:

Rosemary Soper, Cardiff & Vale UHB Librarian. soper@cardiff.ac.uk
02920 715497



Grand Round Series

Spring Term 2019

12.30pm – 1.45pm

Lecture Theatre 4, UHW



March 2019

DATE	CLINICAL BOARD / SPECIALITY	PRESENTER	CHAIR
Wednesday, 6th March	Women & Child: Paediatric Surgery	Mr Eniola Folaranmi Consultant	Dr R Rayment
Wednesday, 13th March	Medicine: Respiratory (National No Smoking Day)	Dr Simon Barry Consultant in Medicine	Dr A Freedman
Wednesday, 20th March	Action Caring Round	Dr Jenny Thomas. (Foyer area in use for Diagnostic Awareness)	Prof P Smith

**The Summer Term will start on Wednesday 1st
May 2019**



NATIONAL TRAINING SURVEY

The GMC Trainee Survey is your opportunity to help improve the quality of foundation and postgraduate specialty training across the UK.

The 2019 Survey will be live from **Tuesday 19th March – Wednesday 1st May**

Make sure you have your say!

www.gmc-uk.org/nts

General
Medical
Council

Regulating doctors
Ensuring good medical practice

An **Evening Medical Update** organised by



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COLLEGE of
PHYSICIANS of
EDINBURGH

NEWS

The Evening Medical Updates (EMU) programme covers the 'Top Medical Presentations' and 'Emergency Presentations' as defined in the GIM training curriculum

2019 Evening Medical Update Live Web Streaming Schedule:

Free to Attend 2 CPD Points (External)

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Save the Date.....

From January 2019 these will be live web streamed from University Hospital Llandough and University Hospital of Wales.

2019	
29 th January 2019 6.30pm – 8.15pm	Fits/Seizures
26 th February 2019 6.30pm – 8.15pm	Vomiting/Nausea
19 th March 2019 6.30pm – 8.15pm	Falls
30 th April 2019 6.30pm – 8.15pm	Palliative Care Management
28 th May 2019 6.30pm – 8.15pm	Abdominal Pain
25 th June 2019 6.30pm – 8.15pm	Poisoning

RCPE organises the Evening Medical Updates and live web stream them to the:

Department of Medical Education Department	Medical Education Skills Suite,
Education Centre	A2B2 Corridor
Academic Building	University Hospital of Wales
University Hospital Llandough.	

If you would like to attend please email Kelly.Stillman@wales.nhs.uk or telephone 02920 716307

RCPE CONTACT DETAILS

Kate Hollier

Education Co-ordinator, Royal College of Physicians of Edinburgh, 9 Queen Street, Edinburgh EH2 1JQ
TEL: + 44 (0)131 247 3661 FAX: + 44 (0)131 220 4393 Email: k.hollier@rcpe.ac.uk

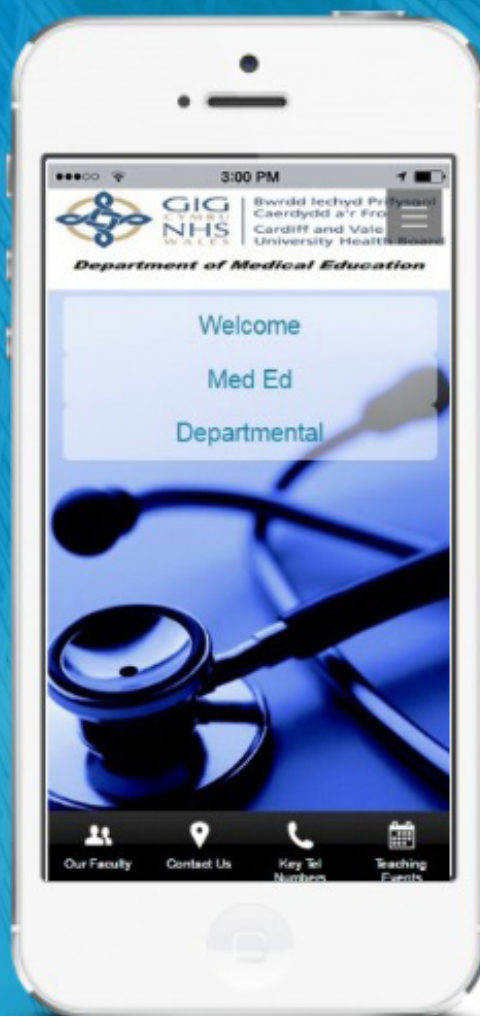
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University Health Board**Department of Medical Education**

CAVMedEducation App

The Department of Medical Education (DME) have developed a mobile app for personal devices. The overall purpose of this is to provide instant and up to date information to all Junior Doctors in Cardiff and Vale UHB.



Scan to download



Awesome Features

Medical Education Info

Information with regards to CMT, Foundation Training .
How to apply for Study Leave

Departmental Info

Junior Doctors Handbook for varied specialities

Teaching Events

Available Courses and Teaching Sessions

Med Ed Faculty

Meet our Faculty Leads for Training

Cardiff and Vale UHB, Department of Medical Education
Mrs Melanie Cotter, Medical Education Manager
Tel: 02920 716341, E-Mail: Melanie.Cotter@wales.nhs.uk



Cardiff and Vale UHB Junior Doctor Engagement Survey

SURVEY NOW LIVE....



Cardiff & Vale UHB is asking for **your** help in creating a better working climate for junior doctors

To complete the survey scan the QR code



Or use the hyperlink below:

<https://www.smartsurvey.co.uk/s/CVHBnhs08TD/>

For further information please contact:
Thomas Cromarty, Welsh Clinical Leadership Fellow
Thomas.Cromarty@wales.nhs.uk

GOFALU AM BOBL, CADW POBL YN IACH
CARING FOR PEOPLE, KEEPING PEOPLE WELL





Welsh junior doctors conference

Thursday 4 April 2019: 9.30am–4.30pm, Cardiff

Join us at Sophia Gardens for the first ever Welsh junior doctors conference

Hear from experts on topics such as fatigue and its impact on workplace performance and get practical advice on your contractual rights and rota monitoring.

The event is **free** for BMA members and travel expenses will be paid.

Find out and register here



bma.org.uk/welshjdc

#WJDCCConf2019



British Medical Association
bma.org.uk



Transition to Consultant Courses

Aimed at Higher Level Trainees within two years of their CCT. To provide an insight into useful knowledge and skills to support the transition from a higher trainee to a consultant.

Topics:

- ☐ The Management Team, Organisational Structure & Strategy
- ☐ The Clinical Boards – Structure and function
- ☐ Understanding one's self and the impact on others
- ☐ Networking & Building Relationships
- ☐ Leadership Challenges
- ☐ QI & Patient Safety



Course Dates:

Tuesday 29th January
 Monday 18th February
 Tuesday 12th March
 Thursday 11th April
 Friday 24th May
 Tuesday 25th June



Venue:

Department of Medical Education, 2nd Floor, Cochrane Building, UHW
 Limited Spaces Available

No Course Fee, £25 Cancellation Fee if less than 24hrs notice

For further information please contact:
 Thomas Cromarty, Welsh Clinical Leadership Fellow
Thomas.Cromarty@wales.nhs.uk

Managing Yourself

A series of free workshops and study days for Cardiff & Vale trainees

One-Day Courses

Course Facilitator:
Dr Terry Stuart

Negotiating & Influencing Skills
Wednesday 20th March 2019



Managing Pressure and
Improving Resilience
Tuesday 14th May 2019

Two-Hour Workshops

10:00am - 12:00noon

Patient Complaints & GMC
Fitness to Practice
Tuesday 4th June 2019



Venue: Medical Education
Department, 2nd Floor,
Cochrane Building, UHW.

Limited places available

To book your place, please contact:
Carole Gee, Medical Education Department, UHW.
Carole.Gee@wales.nhs.uk or Ext 46222

EMAS

23rd April 2019
Morrison Hospital

Emergency Medicine Acute Skills Course

Venue: Education Centre, Morrison Hospital

08:30	—	09:00	Registration & Introduction
09:00	—	10:00	Trauma Skills
10:00	—	11:00	Identify Sick Child
11:00	—	11:15	Tea break
11:15	—	13:00	Skills Station (IO access / Log roll / Seldinger ICD / Airway assessment)
13:00	—	13:30	Lunch
13:30	—	15:15	Skills station (FIB block / Pelvic Binder & Cervical collar / Radiology tips / Cardio version)
15:15	—	15:30	Tea Break
15:30	—	16:15	ALS – Rhythm recognition & management (Tachy-brady Arrhythmias)
16:15	—	17:00	SBAR Handover & Management of unconscious patient
17:00	—	17:10	Feedback & closure

Course Director - Dr Sounder Perumal

To book places please contact:
Dr Perumal: sounder6@yahoo.com or
Dr Kakollu: kmahendra2105@me.com
Course Fee £50 (Including Lunch)



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FOCUSED INTENSIVE CARE ECHOCARDIOGRAPHY (FICE) 4TH JUNE 2019

This event is approved by the Royal College of Anaesthetists for 5 CPD credits
FICE accreditation course for the Intensive Care Society (ICS)* and British Society of Echocardiography (BSE)

Topics include

- Applied physics, image acquisition and Optimisation
- Comprehensive FICE examination and sonoanatomy
- Assessment of ventricular function, filling and common pathologies
- DICE cases (interesting interactive FICE cases)
- Hands on session with simulators and live scan on volunteers
- MCQ evaluation and FICE accreditation process

Course Fee: £180 including lunch and refreshments

Register online from our Website: <http://www.bmc.wales/fice>
or contact houghC@cardiff.ac.uk Tel: 02920 743 108

CARDIFF ULTRASOUND GUIDED REGIONAL ANAESTHESIA WITH CADAVERIC ANATOMY COURSE 27TH & 28TH JUNE 2019

A two day practical hands-on course that enables you to optimize and interpret the ultrasound machine's information and to apply it to real-world clinical procedures. You will experience hands on training under the direction of expert regional anaesthetists.

CPD Points: 10 from Royal College of Anaesthetists

Topics include:

- Understanding the principles of ultrasound.
- Defining the common steps in performing ultrasound guided nerve blocks.
- Understanding the applied neuroanatomy through dissected cadaveric workshops.
- Improving needling techniques.
- Achieve improved patient outcomes through successful regional anaesthetic skills.
- This course counts towards EDRA (European Diploma of Regional Anaesthesia).

Course fee is £325 including lunch and refreshments

Register online from our website: <https://www.bmc.wales/ultrasound-regional-anaes> or contact houghC@cardiff.ac.uk Tel: 02920 743 108

REGULAR DEPARTMENTAL TEACHING & MEETINGS

Monday		
8.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.00pm	Rookwood Hospital	Rehabilitation Medicine Teaching (1st Monday of each Month)
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
1.00pm	Cancer Research Building, UHW	Lab Science Haematology Meeting
1.00pm	Paediatric Seminar Rooms, CHfW	Paediatric Microbiology Case Discussion
1.30pm	Paediatric Seminar Rooms, CHfW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting
Tuesday		
7.15am	Radiology Seminar Room, UHW	Radiology MDT Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session
Wednesday		
7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)

REGULAR DEPARTMENTAL TEACHING & MEETINGS

Wednesday (Cont.)		
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	Lecture Theatre 3/4, UGF A Block, UHW	Grand Round - Autumn Term starts 12th September
1.00pm	2nd Floor, Cochrane Building, UHW	G.P. Teaching
1.00pm	CF Centre Seminar Room, UHL	Respiratory Radiology Meeting
1.30pm	Paediatrics Seminar Room, 3rd Floor, Children's Hospital	Epilepsy Surgery MDT Meeting (2nd and 4th Wednesday of each month)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
Thursday		
7.15am	Radiology Seminar Room	Spinal Teaching Meeting
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
10.30am	Nephrology & Transplant Conference Room	Topics on Transplant Surgery
11.30pm	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
12.45pm	Paediatric Seminar Rooms	Paediatric Grand Round (First Thursday of each month)
1:00pm	Paediatric Seminar Rooms	Tier 0 & Tier 1 Teaching (Not the first Thursday of each month)
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching: FP2, ST1, ST2 & 3 Topic Based Teaching

REGULAR DEPARTMENTAL TEACHING & MEETINGS

Friday		
7.00am	Trauma Clinic	Paediatric Orthopaedic Teaching
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	CF Centre Seminar Room, UHL	Weekly Education Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round (Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
2.00pm	Suite 8, UHW	Ophthalmology Regional Teaching

If you would like to add or amend teaching & meeting information, please email: Medical.Education.CAV@wales.nhs.uk



If you have anything you would like included in the next edition of the Medical Education Bulletin or have any feedback, please contact:
Medical.Education.cav@wales.nhs.uk.

We look forward to hearing from you!

