

Postgraduate Bulletin

March 2017

POSTGRADUATE UPDATE

Contact Details

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Tel: 02920 746252

UHL Medical Education Centre

Education Centre
Academic Building
Llandough
CF64 2XX

Tel: 02920 716341

Assistant Medical Director

Dr B Hope-Gill

Faculty Leads:- Quality

Miss A Rees

Trainees

Dr T Tahir

Dr M Gajraj

Trainers

Dr J van der Voort

Foundation Programme Directors

Dr J Dunne

Dr S Allen

GPVTS Programme Directors

Dr A Cooper

Dr U Kabeer

SAS Tutor

Dr F Pelz

Clinical Skills Leads

Dr J Dunne

Faculty Leads for Medical Education



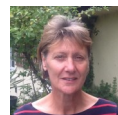
Dr Ben Hope-Gill
**Assistant Medical Director,
Medical Education**



Dr John Dunne
**Foundation Programme
Director / Clinical Skills
Lead**



Dr Frauke Pelz
SAS Tutor



Miss Alexandra Rees
Faculty Lead for Quality



Dr Tayyeb Tahir
**Faculty Lead for
Trainees**



Dr Judith van der Voort
**Faculty Lead for
Trainers**



Dr Susan Allen
**Foundation
Programme Director**

Dr Malcolm Gajraj
**Faculty Lead for
Trainees**

If you require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW
Tel: 02920 742474

Important Notices Medical Education Department

CLAIMING EXPENSES

Claims for expenses for Study Leave must be submitted electronically, and not via the CV1 Form.

For assistance or to register for e-expenses please contact the help & support team on (029) 2090 3981

PLEASE NOTE

Items for the **April 2017 Edition** of the Postgraduate Bulletin should be forwarded to:

Medical.education.cav@wales.nhs.uk

By **Friday 24th March 2017**

Teaching for The Month

FP1 Teaching

Thursday 16th March - Medical Education Centre, UHW - 1.00pm - 4.00pm

Prescribing Errors & Adverse Drug Reactions
Microbiology
Career Workshops

FP2 Teaching

Thursday 30th March - Academic Building, UHL - 1.00pm - 4.00pm

Simulation Teaching

Royal College of Physicians of Edinburgh Evening Meeting

Cough

**Tuesday 28th March 2017
6.30pm - 8.15pm
Medical Education Department, UHL**

March: UHW Grand Round

Date	Location	Presenter	Presenter
1st March	Lecture Theatre 1	Dr D Datta Pathology	Mr P Watts Ophthalmology
8th March	Lecture Theatre 3	Dr P Morgan Sepsis	Dr G Shankar Public Health
15th March	Lecture Theatre 3	Melanie Jefferson Action Caring Round	
22nd March	Lecture Theatre 3	Martin Hughes Public Health Wales	Speaker TBC

Regular Departmental Teaching/Meetings

MONDAY

8.30-9.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
12.30pm	Nurse's Office, Ward C7, UHW	Endocrine Clinical Meeting
1.00pm	Pathology Seminar Room, UHW	Paediatric Microbiology Case Discussion
1.30pm	Pathology Seminar Room, UHW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting

TUESDAY

7.30am	Radiology Seminar Room, UHW	General Orthopaedic X-Ray Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session

WEDNESDAY

7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching - Video Conference Dial NWIS 514052
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	MRCP Teaching	Neurology & Rheumatology - Video Conference Dial NO: 500059 - Landline: 01633 461957
12.45pm	Seminar Room 3, UGF A Block, UHW	Grand Round
1.00pm	CF Seminar room, 2nd floor of CF Centre, UHL	Respiratory Radiology Meeting
1.00pm	A4/B4 Link, Epilepsy Unit, UHW	Epilepsy Surgery MDT Meeting (Fortnightly)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions

Regular Departmental Teaching/Meetings

THURSDAY

8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
11.30am	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
09.30pm	Conference Room, Nephrology & Transplant, UHW	Topics on Transplant Surgery
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Pathology Seminar Room, UHW	Haematology Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching FP2, ST1, ST2 & 3 Topic Based Teaching Dr A Saayman

FRIDAY

7.00am	Trauma Clinic	Paediatric Orthopaedic Breakfast Club
7.30am	Radiology Seminar Room	Spinal Education Meeting
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	CF Unit, UHL	Weekly Education Meeting (Lunch Provided)
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round (Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions

Did you know....?



What is an Athens account?

An Athens account is a way of verifying that you are employed by the NHS in Wales, and that you are entitled to use the electronic resources which NHS Wales has paid for. You can register yourself for an account by following the links on the NHS Wales e-library web page, or for help contact Rosemary, who is the Athens Administrator for C&V UHB.

How can I use my Athens account?

Your Athens username and password can only be used for the resources in the NHS Wales e-library. If you are using the e-library from home, you will be asked for your Athens details. If you are using it on a UHB PC, the resources should open without needing Athens.

What is in the NHS Wales e-library?

The e-library has many useful sources of information, including Cochrane Library, databases, guidelines, BNF and the BNF app, plus around 370 electronic journals chosen for their clinical relevance. You can use the e-library on a UHB PC at: <http://howis.wales.nhs.uk/ehl> or at home at: <http://www.wales.nhs.uk/ehl>

Where else can I find journal articles?

If you need articles which are not included in the e-library, you can request them from your site library, either in person or online at <http://librarysearch.cardiff.ac.uk>. To request online, you will need to sign in with your library card number and a password, which can be obtained from the Health Library or the Archie Cochrane Library.

For help or advice, please contact Rosemary Soper, Cardiff & Vale UHB Librarian.
soper@cardiff.ac.uk 02920 715497

Follow us on Twitter: @CochraneLibLlan or @cuhealthliby

Upcoming Study Days and Courses

Career Support for Trainees in their Final Year of CCT

7th March 2017
Education Centre, UHL

To book a place
<https://careers.walesdeanery.org/jobs-applications>
For further information contact:
pgmedicalcareers@cardiff.ac.uk

Medical Trauma Risk Management

With Dr Mark Stacey & DNA Definitive

9th March 2017 - Swansea

17th March 2017 - Rhyl

23rd March 2017 - Bangor

Course Fee: £50

To book your place, please visit
<https://walesdeanery.org/new-initiatives/resilience-medtrim>
Email: russem@cardiff.ac.uk
Tel: 02920 743 108

Anaesthetic Emergencies for Consultants: Taught by Consultants

2.5 CPD Points

9th March 2017
8th June 2017
7th September 2017

Course Fee: £60 (£50 if paid 3 weeks before course date)
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/clinical-emergencies>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

"Managing Yourself" A series of two-hour workshops for Cardiff and Vale Trainees

Coroners Enquiries & Breaking Bad News
13th March 2017

Good Record Keeping & Dealing with Challenging Patients
5th May 2017

Consent, Confidentiality & End of Life Care
26th June 2017

2nd Floor, Cochrane Building UHW

To book your place, please contact:
Carole Gee, Medical Education Department, UHW
carole.gee@wales.nhs.uk

Upcoming Study Days and Courses

Good Research Practice Lunchtime Seminar

“Research Design”

Mark Kelson
(Senior Statistician, SEWTU)

12:30 - 13:30

Tuesday 14th March 2017

CRF Seminar Room, Upper Ground Floor
C Block, UHW

To book your place, please contact:
Jemma Cross

Jemma.Cross@wales.nhs.uk

Free One-Day Courses for CAV Doctors in Training

Presentation Skills

15th March 2017

Managing Pressure and Improving Resilience

19th April 2017

Communication Skills

17th May 2017

Negotiating and Influencing Skills

22nd June 2017

2nd Floor, Cochrane Building UHW

To book your place, please contact:
Carole Gee, Medical Education Department, UHW
carole.gee@wales.nhs.uk

Simple Statistics, Excel & SPSS

17th March 2017
20th October 2017

**Course Fee: £100 (£90 if paid 3 weeks
before course date)**
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/statistics>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

Cardiff Perioperative Transoesophageal Echocardiology (TOE)

19th - 21st March 2017

Course Fee: £400
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/toe-handson>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

Upcoming Study Days and Courses

Resuscitation Update for Consultants

20th March 2017
12th June 2017

Course Fee: £60
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/resus-update-for-consultants>

Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

POEMS For Children Training in the Management of Anxious Children

24th March 2017
Large Lecture Theatre, Dental Hospital,
UHW

Consultants - £90
Trainees - £60
AHPs - £40
Including Lunch and Refreshments

To book your place, please visit
www.poemsforchildren.co.uk

Training the Trainers: A Simulation Course

10 CPD Points

30th - 31st March 2017

Course Fee: £280 (£240 if paid 3 weeks
before course date)
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/ttt>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

4th Emergency Medicine Radiology Course

6 CPD Points

8th April 2017
Post Graduate Centre
Royal Glamorgan Hospital

Course Fee: £140
Including Lunch and Refreshments

A Comprehensive 1 day course which will
cover all areas of Emergency Medicine
Radiology Relevant to the day to day
working practice along with relevant
Emergency Medicine procedures.

To book your place, please visit
www.emergencyradiology.co.uk

Upcoming Study Days and Courses

Educational Supervisor Sessions 2017

Improving the Trainees Performance - Coaching and Providing Feedback

For Physicians: 25th April 2017 AM

For Surgeons: 25th April 2017 PM

Educational & Clinical Supervisors Course

18th May 2017

UHB Trainer Development Day

June 2017

Managing Trainees in Difficulty

25th September 2017

Half-Day Refresher Course

19th October 2017

Workplace-Based Assessment and Feedback

20th November 2017

Fee: Full Day £150 Half Day £75

For Further Details, please contact:

Kelly Stillman, Medical Education Department, UHW

kelly.stillman@wales.nhs.uk

PassPACES

To be held at
Guy's Campus, London

- 4-day Intensive revision courses covering all PACES stations.
- Neurology / Ophthalmology and Cardio-respiratory days.
- Teaching in small groups: 1 lecturer to 4-6 candidates.
- 5 Station Mock examination with individual feedback.
- Clinical demonstrations of examination technique.

8th to 11th May

13th to 16th May

17th to 20th May

22nd to 25th May

26th to 29th May

30th May to 2nd June

5th to 8th June

10th to 13th June

"It was a 100% pass rate for our group who all attended the PassPACES Course"

"Attending the almost legendary PassPACES course has often been described as the only sure way to pass the exam." BMJ Careers, 2/10/12

Book early to avoid disappointment!

www.PassPACES.co.uk

Telephone: 07 971 971 000

Focused Intensive Care Echocardiology (FICE)

5 CPD Points

13th June 2017

10th October 2017

Course Fee: £150
Including Lunch and Refreshments

To book your place, please visit

<http://www.bmc.wales/fice>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

An Introduction to Research Methods

10 CPD Points

15th - 16th June 2017

14th - 15th December 2017

Course Fee: £180 (£160 if paid 3 weeks before course date)
Including Lunch and Refreshments

To book your place, please visit

<http://www.bmc.wales/research>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

Upcoming Study Days and Courses

Conducting a Systematic Review: A Practical Guide

Short Course

26th - 29th June 2017

Cardiff University Heath Park Campus

**Cost: £750 (£650 for Cardiff University and
NISCHR Portfolio Attendees)**

Practical, Comprehensive, Relevant
Approved by the Federation of the Royal
College of Physicians of the United
Kingdom for 20 Category 1 (External) CPD
Credits

<http://learnlive.cf.ac.uk/learn/training/courses/systematic-reviews/conducting-a-systematic-review-a-practical-guide/>

Cardiff Ultrasound Guided Regional Anaesthesia with Cadaveric Anatomy Course

10 CPD Points

29th - 30th June 2017

**Course Fee: £275
Including Lunch and Refreshments**

To book your place, please visit
<http://www.bmc.wales/ultrasound-regional-anaes>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

The Essentials of Anaesthesia in the Developing World and Remote Locations

5 CPD Points

**29th June 2017
14th September 2017
7th December 2017**

**Course Fee: £120 (£100 if paid 3 weeks
before course date)
Including Lunch and Refreshments**

To book your place, please visit
<http://www.bmc.wales/developing-world>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Upcoming Study Days and Courses

TLE MIAD Upcoming Courses

New Appraiser Training 1 Day Programme 10 CPD £209+VAT	CESR 1 Day programme for SAS 18 CPD £209+VAT
Appraisal Refresher Modular 1 Day Programme for Appraisers 8 CPD £209+VAT	AoME Accredited Educational & Clinical Supervision 2 Day Programme 12 CPD £350
Appraisal Lead Training 1 Day Programme 6 CPD £209+VAT	Train the Trainers 1 Day Programme 10 CPD £209+VAT

For more information contact:
01189 036363
Or info@tle-miad.com
Or visit www.tle-miad.com

Royal Society of London Opportunities

Graham Bull Prize and Goulstonian Lecture

Closing Date: 31 March 2017

The award is open to RCP members and fellows who must apply for their own work to be considered. The Graham Bull prize was established in 1988 in honour of Sir Graham Bull, who was the first Director of the Clinical Research Centre at Northwick Park.

A trust was set up to provide money for young research workers under the age of 45 who feel that they have made a major contribution to clinical science, such as molecular and cellular biology, psychiatry or health sciences.

The winner will be invited to deliver the Goulstonian lecture, an annual lecture endowed in 1635 by Ellen Goulston in memory of her husband, Dr Theodore Goulston FRCP; and win £1,000, which is offered on a competitive basis each year.

For more information, visit www.rcplondon.ac.uk/fundingandawards

Upcoming Study Days and Courses

Royal College of Physicians: Edinburgh Monthly Educational Webinars

The Medical Education Department is pleased to announce that we will be hosting video-conferencing sessions of the Royal College of Physicians Medical Webinars.

These are free to attend, and worth 2 CPD Points (External).

These Webinars will take place once a month, at University Hospital Llandough, and cover a variety of topics and specialities.

Further details will be available closer to the date, and disseminated through the Postgraduate Bulletin.

Upcoming Topics

Date	Time	Venue	Topic
28th March	18:30 – 20:30	Medical Education Dept, UHL	Cough
25th April	18:30 – 20:30	Medical Education Dept, UHL	Rash
30th May	18:30 – 20:30	Medical Education Dept, UHL	Swollen Limb
27th June	18:30 – 20:30	Medical Education Dept, UHL	Weakness & Paralysis

EDUCATIONAL CPD OPPORTUNITIES FOR TRAINERS



Background



In August 2012, the GMC released details of its new arrangements for the formal recognition of medical trainers in secondary care in a document entitled 'Recognising and Approving Trainers: The Implementation Plan'. As part of these arrangements trainers are required to demonstrate an ongoing commitment to their development as a medical educator by undertaking educational continuing professional development (CPD) and demonstrating appropriate attitudes and behaviours.

Trainer and Educator Development Days: 2013 - 2016

History

The Wales Deanery, in conjunction with Cardiff University School of Medicine and College of Medicine, Swansea University, developed the Trainer and Educator Development Days (TEDD) in 2013 as a mechanism for publicising the importance of professionalisation of trainer roles and to provide a forum and community of practice for trainers to share ideas and good practice.

The events were delivered by experts in medical education and training, and themes included the 'Learning Environment' and 'Innovative Practices in Medical Education'.

The TEDDs have been held in high esteem, with over 2000 trainers attending in total over four years. Each event has been over-subscribed, demonstrating their continued popularity. This reflects a real desire among trainers to develop as individuals and professionalise the role.

Feedback from Trainers

Feedback from delegates has been very positive with most indicating that the events were enjoyable and useful in supporting them in the delivery of their roles.

"Great day, thought provoking and good networking opportunity"
Trainer, 2015

The following themes have arisen in relation to how the events could be improved:

- Maximising access to CPD whilst minimising service disruption
- Use of keynote speakers
- Longer, more practical and interactive workshops

The Deanery greatly values feedback and is keen to continue to improve support for, and professionalise the role of trainers, in order to ensure high quality medical education and training across Wales.

Sharing Training Excellence in Medical Education (STEME) Conference

In order to address the feedback above, in 2017 the Deanery will be piloting a two-day conference (in place of the TEDDs). The **Sharing Training Excellence in Medical Education (STEME) Conference** will be held at the Liberty Stadium, Swansea on the dates below:

Day 1: 'Organisational Culture' – Tuesday 5th September 2017

Day 2: 'Supporting and Developing Learners' – Wednesday 6th September 2017

New for 2017

The conference will provide delegates with the latest information and newest developments in medical education and training as well as practical ideas to improve their educational practice. The programme will provide substantial time for networking and will consist of stimulating **keynotes** as well as a diverse range of **practical and interactive professional development workshops**. Content will be mapped to the GMC's Framework Areas and will be accredited for CPD points.

The conference will be open to the four categories of trainer requiring recognition by the GMC, i.e. Educational Supervisors, Named Clinical Supervisors, Lead Co-ordinators of undergraduate training at Local Education Providers (LEP), and Doctors responsible for overseeing students' educational progress for medical schools. Each day will accommodate 300 delegates.

The keynote and plenary sessions for each day will be recorded and made available online as a certificated package for those unable to attend the events in person, thus **maximising access to the CPD whilst minimising service disruption**.

Local CPD Opportunities

A number of local and external CPD opportunities are available to trainers, and the Deanery is working with LEPs to ensure that these opportunities are expanded and signposted effectively.

A newsletter will be circulated quarterly by the Deanery, informing trainers of upcoming CPD opportunities across Wales. In addition, the Deanery has compiled a list of potential sources of CPD on their website: www.quality.walesdeanery.org/trainer-support/cpd-opportunities

Trainers are also advised to contact their local postgraduate centre for information on CPD opportunities provided locally.

Further information relating to the STEME Conference will be circulated in due course. For queries in relation to Trainer Recognition and other CPD opportunities please contact the Wales Deanery's Quality Unit at walesdeanerysre@cardiff.ac.uk