

Cardiff and Vale University Health Board
Department of Medical Education

Postgraduate Bulletin

June 2017

POSTGRADUATE UPDATE

Contact Details

UHW Medical Education Centre

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Cardiff
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UHL Medical Education Centre

Education Centre
Academic Building
Llandough
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Tel: 02920 716341

Assistant Medical Director

Dr B Hope-Gill

Local Faculty Leads

Dr M Al-Mudhaffar
Dr M Edwards
Miss A Rees
Dr T Tahir

Foundation Programme Directors

Dr J Dunne
Dr K Davis

GPVTS Programme Directors

Dr A Cooper
Dr U Kabeer

SAS Tutor

Dr F Pelz

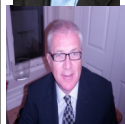
Clinical Skills Leads

Dr J Dunne

Faculty Leads for Medical Education



Dr Ben Hope-Gill
**Assistant Medical Director,
Medical Education**



Dr John Dunne
**Foundation Programme
Director / Clinical Skills
Lead**



Dr Tayyeb Tahir
Faculty Lead

Dr Martin Edward
Faculty Lead



Dr Frauke Pelz
SAS Tutor

Dr Karl Davis
**Foundation Programme
Director**



Miss Alexandra Rees
Faculty Lead



Dr Munawar Al-Mudhaffar
Faculty Lead

If you require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW
Tel: 02920 742474

Important Notices Medical Education Department

CLAIMING EXPENSES

Claims for expenses for Study Leave must be submitted electronically, and not via the CV1 Form.

For assistance or to register for e-expenses please contact the help & support team on (029) 2090 3981

PLEASE NOTE

Items for the **July 2017 Edition** of the Postgraduate Bulletin should be forwarded to:
Medical.education.cav@wales.nhs.uk
By **Friday 23rd June 2017**

Teaching for The Month

FP1 Teaching

Thursday 8th June - 2nd Floor, Cochrane Building UHW - 1.00pm - 3.30pm

Topic 1: Care of the Dying
Topic 2: Cultural Competency
Topic 3: F1 Presentations

FP2 Teaching

Thursday 22nd June - 2nd Floor, Cochrane Building UHW - 1.00pm - 3.30pm

Topic 1: Paediatric Orthopaedics
Topic 2: Major Trauma
Topic 3: The Coming of the Medical Examiner

Royal College of Physicians of Edinburgh Evening Meeting

Weakness and Paralysis

Tuesday 27th June 2017
6.30pm - 8.30pm
Medical Education Department, UHL

June: UHW Grand Round

Date	Location	Presenter	Presenter
7th June	Lecture Theatre 3	Dr S Griffin Nephrology	Dr A Mott Sabbatical
14th June	Lecture Theatre 3	Dr J Green Gastroenterology	Dr M Jenny Oncology
21st June	Lecture Theatre 3	Dr C Hingston & Dr D O'Reilly EMRTS Cymru	
28th June	Lecture Theatre 3	Speaker TBC	Dr A Wardhaugh Paediatric Intensive Care

Regular Departmental Teaching/Meetings

MONDAY

8.30-9.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
12.30pm	Nurse's Office, Ward C7, UHW	Endocrine Clinical Meeting
1.00pm	Pathology Seminar Room, UHW	Paediatric Microbiology Case Discussion
1.30pm	Pathology Seminar Room, UHW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting

TUESDAY

7.30am	Radiology Seminar Room, UHW	General Orthopaedic X-Ray Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session

WEDNESDAY

7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching - Video Conference Dial NWIS 514052
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	MRCP Teaching	Neurology & Rheumatology - Video Conference Dial NO: 500059 - Landline: 01633 461957
12.45pm	Seminar Room 3, UGF A Block, UHW	Grand Round
1.00pm	CF Seminar room, 2nd floor of CF Centre, UHL	Respiratory Radiology Meeting
1.00pm	A4/B4 Link, Epilepsy Unit, UHW	Epilepsy Surgery MDT Meeting (Fortnightly)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions

Regular Departmental Teaching/Meetings

THURSDAY

8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
11.30am	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
09.30pm	Conference Room, Nephrology & Transplant, UHW	Topics on Transplant Surgery
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Pathology Seminar Room, UHW	Haematology Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching FP2, ST1, ST2 & 3 Topic Based Teaching Dr A Saayman

FRIDAY

7.00am	Trauma Clinic	Paediatric Orthopaedic Breakfast Club
7.30am	Radiology Seminar Room	Spinal Education Meeting
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	CF Unit, UHL	Weekly Education Meeting (Lunch Provided)
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round (Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
2.00pm	Suite 8, UHW	Ophthalmology Regional Teaching

Did you know....?

UpToDate and Clinical Key survey: the results

Thank you to everyone who completed our survey of UpToDate and Clinical Key. It was clear that both these resources are valued by C&V UHB staff. UpToDate came out best in terms of usage and feedback and this resource will be renewed. By negotiating with the publisher to spread the cost of Clinical Key over two financial years we have also managed to renew this resource for a final year, so we are pleased to let you know that both resources will be available until 31 May 2018. *Please pass the news on to your colleagues and departments!*

Recent new Topic Reviews on UpToDate

- Ocrelizumab for primary progressive multiple sclerosis
- Management of subclinical hypothyroidism
- Diabetes complications in youth and young adults
- Long-term anticoagulation for VTE
- Gene therapy for sickle cell disease
- JAK-1 and JAK-2 inhibitor for rheumatoid arthritis
- Transcatheter aortic valve implantation vs aortic valve replacement
- Sublingual immunotherapy for dust mite allergy
- Celiac disease and behavioral symptoms in young children

Recent new episodes of UpToDate Talk (Podcast): <https://soundcloud.com/uptodate-talk>

Dr Christopher Fanta, discussing the role of spirometry in the diagnosis of asthma; Dr James O'Dell, discussing baricitinib, a promising oral agent for the treatment of rheumatoid arthritis; Dr Hope Rugo, discussing the use of a scalp-cooling device to prevent hair loss after chemotherapy in breast cancer patients; Dr David Golden, discussing the joint practice parameter on immunotherapy for stinging insect hypersensitivity; Dr Mark Crowther, discussing underdosing of direct oral anticoagulants (DOACs); Dr Sheldon Kaplan, discussing the duration of antibiotic treatment in young children with acute otitis media; and Dr Anna Lok, discussing the use of tenofovir alafenamide for the treatment of chronic hepatitis B virus infection.

New electronic books on Clinical Key

Andrews' Diseases of the Skin Clinical Atlas (James, William) 1st ed
Clinical Gynecologic Oncology (DiSaia, Philip) 9th ed
Hinman's Atlas of Urologic Surgery (Smith, Joseph) 4th ed
Hypertension: A Companion to Braunwald's Heart Disease (Bakris, George) 3rd ed
Insall & Scott Surgery of the Knee (Scott, W. Norman) 6th ed
Operative Techniques: Hand and Wrist Surgery (Chung, Kevin) 3rd ed
Robbins Basic Pathology (Kumar, Vinay) 10th ed
Clinical Orthopaedic Rehabilitation: A Team Approach (Giangarra, Charles) 4th ed
Evidence-Based Physical Diagnosis (McGee, Steven) 4th ed
Operative Techniques: Spine Surgery (Baron, Eli) 3rd ed
Practical Hepatic Pathology: A Diagnostic Approach (Saxena, Romil) 2nd ed
Pulmonary Pathology (Zander, Dani) 2nd ed
Zakim & Boyer's Hepatology: A Textbook of Liver Disease (Sanyal, Arun) 7th ed

Clinical Key will be running training sessions early in July. Please look out for details.

If you would like a session on Clinical Key and UpToDate for your department (at another time), or if you're not sure how they can help you, please contact Rosemary.

For help or advice, please contact Rosemary Soper, Cardiff & Vale UHB Librarian.

soper@cardiff.ac.uk 02920 715497

Upcoming Study Days and Courses

PassPACES

To be held at
Guy's Campus, London

- 4-day Intensive revision courses covering all PACES stations.
- Neurology / Ophthalmology and Cardio-respiratory days.
- Teaching in small groups: 1 lecturer to 4-6 candidates.
- 5 Station Mock examination with individual feedback.
- Clinical demonstrations of examination technique.

Dates Remaining

5th to 8th June 10th to 13th June

*"It was a 100% pass rate for
our group who all attended the
PassPACES Course"*

*"Attending the almost legendary
PassPACES course has often been
described as the only sure way to pass
the exam." BMJ Careers, 2/10/12*

Book early to avoid disappointment!

www.PassPACES.co.uk

Telephone: 07 971 971 000

Anaesthetic Emergencies for Consultants: Taught by Consultants

2.5 CPD Points

8th June 2017

7th September 2017

**Course Fee: £60 (£50 if paid 3 weeks
before course date)
Including Lunch and Refreshments**

To book your place, please visit

<http://www.bmc.wales/clinical-emergencies>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

Resuscitation Update for Consultants

12th June 2017

**Course Fee: £60
Including Lunch and Refreshments**

To book your place, please visit

<http://www.bmc.wales/resus-update-for-consultants>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

Focused Intensive Care Echocardiology (FICE)

5 CPD Points

13th June 2017

10th October 2017

**Course Fee: £150
Including Lunch and Refreshments**

To book your place, please visit

<http://www.bmc.wales/fice>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

Upcoming Study Days and Courses

An Introduction to Research Methods

10 CPD Points

**15th - 16th June 2017
14th - 15th December 2017**

**Course Fee: £180 (£160 if paid 3 weeks before course date)
Including Lunch and Refreshments**

To book your place, please visit
<http://www.bmc.wales/research>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Free One-Day Courses for CAV Doctors

**Negotiating and Influencing Skills
22nd June 2017**

2nd Floor, Cochrane Building UHW

To book your place, please contact:
Carole Gee, Medical Education Department, UHW
carole.gee@wales.nhs.uk

“Managing Yourself” A series of two-hour workshops for Cardiff and Vale Trainees

**Consent, Confidentiality & End of Life Care
26th June 2017**

2nd Floor, Cochrane Building UHW

To book your place, please contact:
Carole Gee, Medical Education Department, UHW
carole.gee@wales.nhs.uk

Conducting a Systematic Review: A Practical Guide

Short Course

**26th - 29th June 2017
Cardiff University Heath Park Campus**

**Cost: £750 (£650 for Cardiff University and
NISCHR Portfolio Attendees)**

Practical, Comprehensive, Relevant
Approved by the Federation of the Royal
College of Physicians of the United
Kingdom for 20 Category 1 (External) CPD
Credits

<http://learnlive.cf.ac.uk/learn/training/courses/systematic-reviews/conducting-a-systematic-review-a-practical-guide/>

Upcoming Study Days and Courses

The Essentials of Anaesthesia in the Developing World and Remote Locations

5 CPD Points

**29th June 2017
14th September 2017
7th December 2017**

**Course Fee: £120 (£100 if paid 3 weeks before course date)
Including Lunch and Refreshments**

To book your place, please visit

<http://www.bmc.wales/developing-world>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

MedTRiM

Medical Trauma & Resilience Training

Dr Mark Stacey & DNA Definitive

- Improve your Resilience
- Improve your Performance
- Manage high stress levels
- Learn strategies to support both you and your colleagues

**29th June 2017
All Nations Centre - Cardiff**

**27th July 2017
Waterfront Museum - Swansea**

Cost £50
For further information email
duplooym@cardiff.ac.uk

Cardiff Ultrasound Guided Regional Anaesthesia with Cadaveric Anatomy Course

10 CPD Points

29th - 30th June 2017

**Course Fee: £275
Including Lunch and Refreshments**

To book your place, please visit

<http://www.bmc.wales/ultrasound-regional-anaes>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

Sharing Training Excellence In Medical Education

**5th—6th September 2017
Liberty Stadium, Swansea**

Online Registration opens Monday 5th June

Contact walesdeanerysre@cardiff.ac.uk on or after this date for booking information

Upcoming Study Days and Courses

Newport Gwent MRCP Paces Course

Highly successful course organised by
Dr Anne Freeman

Friday 15th September
Stations 2 & 4

Saturday 16th and Sunday 17th September
Stations 1, 3, 5 & Mock Exam

Course Fee: £875

To book your place, please visit
www.newportpaces.co.uk
Email: lucyhodkinson@wales.nhs.uk
Tel: 01633 (23)8122

Cardiff Perioperative Transoesophageal Echocardiology (TOE)

19th - 21st September 2017

Course Fee: £400
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/toe-handson>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Educational Supervisor Sessions 2017

Managing Trainees in Difficulty
25th September 2017

Half-Day Refresher Course
19th October 2017

Workplace-Based Assessment and Feedback
20th November 2017

Fee: Full Day £150 Half Day £75
For Further Details, please contact:
Kelly Stillman, Medical Education Department, UHW
kelly.stillman@wales.nhs.uk

Simple Statistics, Excel & SPSS

20th October 2017

**Course Fee: £100 (£90 if paid 3 weeks
before course date)**
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/statistics>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Upcoming Study Days and Courses

Royal College of Physicians: Edinburgh Monthly Educational Webinars

The Medical Education Department is pleased to announce that it will be hosting video-conferencing sessions of the Royal College of Physicians Medical Webinars. These are free to attend, and worth 2 CPD Points (External).

These Webinars will take place once a month, at University Hospital Llandough, and cover a variety of topics and specialities.

Further details will be available closer to the date, and disseminated through the Postgraduate Bulletin.

Upcoming Topics

Date	Time	Venue	Topic
27th June	18:30 – 20:30	Medical Education Dept, UHL	Weakness & Paralysis