



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board

# DEPARTMENT OF MEDICAL EDUCATION BULLETIN August 2019



*University Hospital of Wales (UHW)*

Cardiff and Vale University Local Health Board was established in October 2009, and is the largest Health Board in Wales.

The UHB has two Medical and Dental Education Centres, based across two sites, University Hospital of Wales (UHW) and University Hospital Llandough (UHL). Both centres provide the infrastructure and staff to facilitate the Education, Training and Continuing Development of Postgraduate Professionals in Hospital Medicine, General

Practice and Dentistry. They ensure the medical students receive a high standard of clinical placement and offer support to the clinicians delivering teaching. This involves working very closely with Cardiff University, School of Medicine and HEIW (formerly the Wales Deanery).

Each centre is managed by a dedicated team who ensure a high standard of Medical Education is provided across the UHB.



*University Hospital Llandough (UHL)*

# The Medical Education Department

The Medical Education Department is spread over two sites at University Hospital of Wales and University Hospital Llandough. Both sites have their own Clinical Skills areas aimed at the teaching of Undergraduates and training of Postgraduates.

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# Faculty



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Director, Medical  
Education**



Dr Frauke Pelz  
**SAS Tutor**



Dr John Dunne  
**Foundation  
Programme  
Director /Clinical  
Skills Lead**



Dr Karl Davis  
**Foundation  
Programme  
Director**



Dr Tayyeb Tahir  
**Faculty Lead**



Miss Alexandra Rees  
**Faculty Lead**



Dr Martin Edwards  
**Faculty Lead**



Dr Munawar  
Al-Mudhaffar  
**Faculty Lead**

If you should require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW. Tel: 02921 846222

For an appointment with the Foundation Directors, please contact Sharon Goodwin, Foundation Administrator, Medical Education. Tel: 02921 846231

# The Library Page

## Welcome to Cardiff & Vale!

### Welcome to new doctors from all the library staff.

The library service for Cardiff and Vale UHB is provided by Cardiff University. You are entitled to join the library, and your membership card can be used in any of the Cardiff University library sites.

The health libraries are:

- Health Library, Cochrane Building, Heath Park
- Archie Cochrane Library, Education Centre, UHL
- Brian Cooke Library, Dental Hospital, Heath Park

Our services include:

- Borrowing books
- Inter-library loans for books and articles
- Help with literature searches and monthly updates
- Regular journal Table of Contents
- NHS Wales e-library (databases, e-journals and clinical information)
- Athens accounts
- Training on databases and other resources
- 24-hour access at Health and Archie Cochrane libraries
- Postgraduate Zone work/relax area in UHW
- Printing, photocopying and scanning

**UpToDate®** UpToDate is a point-of-care tool which we have purchased for Cardiff & Vale.. Enter a clinical condition or question to see a summary of the evidence, symptoms, diagnosis and treatment plus links to in-depth sources of information.

You can find UpToDate at work on the Clinical Portal, or at home with an Athens account.

When you join the library, you will be given a membership pack with plenty of useful information about the service. If you need help or advice, please contact:

Rosemary Soper, Cardiff & Vale UHB Librarian.

[soper@cardiff.ac.uk](mailto:soper@cardiff.ac.uk) 02920 715497



# Grand Round Series

## Autumn Term 2019

12.30pm – 1.45pm

### Lecture Theatre 4, UHW



DATE	CLINICAL DIRECTORATE/ SPECIALITY	PRESENTER	CHAIR
Wednesday 18th September	Surgery: Oral & Maxillofacial Surgery	Mr Neil Scott, Consultant Oral Surgery, UHW	Dr Rachel Rayment
Wednesday 25th September	Specialist Services: Cardiothoracic	Mr Jitendra Rathod, Associate Specialist in Cardiothoracic Surgery	Mr David Scott-Coombes

**The Autumn Term will start on Wednesday  
18th September 2019**



# CAVMedEducation App

Available on the  
**App Store**

ANDROID APP ON  
**Google play**

Scan for mobile site



## Features

- Medical Education Information
- Teaching Events
- Departmental Information
- Medical Education Faculty
- Key Telephone Numbers
- Study Leave Information

Cardiff and Vale UHB, Department of Medical Education  
Melanie Cotter, Medical Education Manager  
Tel: 02921 826341, Email: [Melanie.Cotter@Wales.nhs.uk](mailto:Melanie.Cotter@Wales.nhs.uk)

# Managing Yourself

A series of free workshops and study days  
for Cardiff & Vale trainees

## One Day Courses

Course Facilitator:  
Dr Terry Stuart

Interview Skills  
(Suitable for Foundation and Core Trainees)  
Thursday 31st October 2019



Negotiating & Influencing Skills  
Tuesday 4th February 2020

## Two-Hour Workshops

10:00am - 12:00noon

Patient Complaints & GMC Fitness  
To Practise  
Friday 25th October 2019

Coroners' Inquiries and  
Breaking Bad News  
Tuesday 21st January 2020



Good Record Keeping and Dealing  
with Challenging Patients  
Wednesday 25th March 2020

Consent and Confidentiality  
Thursday 21st May 2020

Venue: Medical Education Department,  
2nd Floor, Cochrane Building, UHW.

Limited places available

To book your place, please contact:  
Carole Gee, Medical Education Department, UHW.  
Carole.Gee@wales.nhs.uk or Ext 46222

Cardiff & Vale ULHB  
Department of Medical Education

# Leadership & Management

Free Two-Day Courses for Higher  
Trainees within Cardiff & Vale ULHB

Course Facilitator: MIAD

- Equip doctors in training to meet the leadership challenges they will encounter; through discussion and practical work to reinforce the lessons from the nine e-learning modules.
- Explore the changing approach to medical leadership in the context of the Leadership Framework.
- Develop self awareness and self management skills.
- Improve time and stress management skills.
- Explore influencing techniques to help you become a better leader.
- See how patient safety and clinical risk management are at the core of healthcare delivery.
- Reinforce your understanding of current NHS issues and financial procedures
- Check your understanding of the recruitment process and discuss and practise the skills you need to gain your consultant post.

## Dates:

Monday 2nd & Tuesday 3rd December 2019  
Monday 10th Tuesday 11th February 2020  
Monday 11th & Tuesday 12th May 2020

**Venue:** Medical Education  
Department, 2nd Floor, Cochrane  
Building, UHW



To book your place on one of these courses,  
please e-mail:  
Carole Gee, Medical Education Department, UHW  
[Carole.Gee@wales.nhs.uk](mailto:Carole.Gee@wales.nhs.uk)

North Bristol  
NHS Trust



## Taster Course in Nephrology

Are you interested in a career in Nephrology?  
Come and be inspired!

**28<sup>th</sup> - 29<sup>th</sup> September 2019**

**Venue: Southmead Hospital, Bristol**



**An educational course** aimed at junior doctors considering a career in nephrology



**To book online** visit [www.renal.org/renal-tastercourse](http://www.renal.org/renal-tastercourse)



### Topics covered:

A day in the life of a renal doctor

Career options

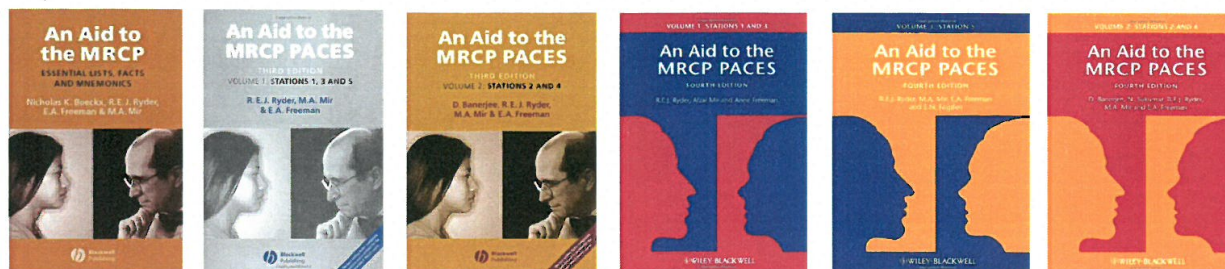
ST3 application process and tips

Interview preparation

Hot topics in nephrology

Work life balance

Practical sessions



# Royal Gwent Hospital

## ***MRCP PACES COURSE***

*Highly successful course with excellent pass rates organised by:*

**Dr Anne Freeman & Dr Paul Mizen**

**Friday 13<sup>th</sup> September 2019**

**History Taking and Communication Skills and Ethics**

**Saturday 14<sup>th</sup> and Sunday 15<sup>th</sup> September 2019**

**Stations 1, 3 & 5 WITH MOCK EXAM**

**£ 895.00**

## ***Are you interested?***

*For further details please contact:*



**Lucy Hodkinson**  
**Course Administrator**  
**Tel: 01633 (23)8122**  
**Lucy.Hodkinson@wales.nhs.uk**

Visit our website:

[www.newportaces.co.uk](http://www.newportaces.co.uk)



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Amserlin Brevarts  
University Health Board

# MEDICAL TOXICOLOGY COURSE

18TH & 19TH OCTOBER 2019  
JURY'S INN, CARDIFF, UK.

This intensive two day course is designed for those interested in medical toxicology. This course will aide those who wish to gain expertise in the practical management of common toxicological problems.

Previous attendees included nurses and physicians from urgent care, minor injuries, emergency and intensive care departments, paramedics, medical students, specialist registrars and specialists in poisons information.



**AWTTC**  
All Wales Therapeutics  
& Toxicology Centre

For more information contact:  
Welsh National Poisons Unit  
Telephone: (+44) 02920 715013  
Fax: (+44) 02920 704357  
Email: [tox.course@wales.nhs.uk](mailto:tox.course@wales.nhs.uk)  
Website: <https://www.awttc.org/news-and-events>  
Places are limited and early application is advised.

**£300 FOR 2  
DAYS  
OR  
£200 PER  
DAY**



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Cwm Taf  
University Health Board



## Enhanced Recovery After Surgery Course

Friday 06<sup>th</sup> September 2019 at 1.30pm – 4.30pm  
Prince Charles Hospital, Merthyr Tydfil



This course is aimed at Junior Doctors, Medical Student & Staff Nurses and is delivered by a Multi-professional faculty.

**Course Fee: £25 deposit** – refundable on attendance (the cheque will be returned at the course), there is a standard charge of £5 for any refund made via bank transfer (BACS)

### Topics Covered

ERAS Protocol Pre-operative aspects, Post-operative care, Discharge planning, Minimal Invasive Surgery,  
Patient Information: ERAS DVD

### Course Convenor: **Prof. P.N. Haray**

To register for this course please follow the below link:

<https://doctorsacademy.org.uk/CourseNW/ERAS/>

Or alternatively please contact:

Carol Pullen, Assistant Research and Academic Secretary, on  
01685 724 422 or

[haray.academic@wales.nhs.uk](mailto:haray.academic@wales.nhs.uk)

Prince Charles Hospital, Merthyr Tydfil, South Wales, UK, CF47 9DT

## REGULAR DEPARTMENTAL TEACHING & MEETINGS

Monday		
8.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.00pm	Rookwood Hospital	Rehabilitation Medicine Teaching (1st Monday of each Month)
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
1.00pm	Cancer Research Building, UHW	Lab Science Haematology Meeting
1.00pm	Paediatric Seminar Rooms, CHfW	Paediatric Microbiology Case Discussion
1.30pm	Paediatric Seminar Rooms, CHfW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting
Tuesday		
7.15am	Radiology Seminar Room, UHW	Radiology MDT Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session
Wednesday		
7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)

**REGULAR DEPARTMENTAL TEACHING & MEETINGS**

<b>Wednesday (Cont.)</b>		
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	Lecture Theatre 3/4, UGF A Block, UHW	Grand Round - Autumn Term starts 12th September
1.00pm	2nd Floor, Cochrane Building, UHW	G.P. Teaching
1.00pm	CF Centre Seminar Room, UHL	Respiratory Radiology Meeting
1.30pm	Paediatrics Seminar Room, 3rd Floor, Children's Hospital	Epilepsy Surgery MDT Meeting (2nd and 4th Wednesday of each month)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
<b>Thursday</b>		
7.15am	Radiology Seminar Room	Spinal Teaching Meeting
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
10.30am	Nephrology & Transplant Conference Room	Topics on Transplant Surgery
11.30pm	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
12.45pm	Paediatric Seminar Rooms	Paediatric Grand Round (First Thursday of each month)
1:00pm	Paediatric Seminar Rooms	Tier 0 & Tier 1 Teaching (Not the first Thursday of each month)
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching: FP2, ST1, ST2 & 3 Topic Based Teaching

## REGULAR DEPARTMENTAL TEACHING & MEETINGS

Friday		
7.00am	Trauma Clinic	Paediatric Orthopaedic Teaching
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	CF Centre Seminar Room, UHL	Weekly Education Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round ( Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
2.00pm	Suite 8, UHW	Ophthalmology Regional Teaching

If you would like to add or amend teaching & meeting information, please email: [Medical.Education.CAV@wales.nhs.uk](mailto:Medical.Education.CAV@wales.nhs.uk)



If you have anything you would like included in the next edition of the Medical Education Bulletin or have any feedback, please contact:  
[Medical.Education.cav@wales.nhs.uk](mailto:Medical.Education.cav@wales.nhs.uk).

We look forward to hearing from you!

