

There are a number of professionals and organisations who can help:

- Health visitors
- GPs
- Pediatricians
- Child Development Advisors (Portage)
- Therapists (Occupational, Physio, Speech and Language)
- Clinical Psychologists
- Voluntary organisations (charities)
- Affinity Hub (www.affinityhub.uk)

Additional support for me or other family members?

Financial support

Short breaks or 'respite'

Family support programmes

Parent support groups (Grwp 1 Group)

Sibling support groups



For more information, see the useful websites on the back page

Useful Contacts

Disability Helpline:

phone 0808 808 1111

email helpline@mencap.org.uk.

Grwp 1 Group (parent support group for under 5s)

phone 02920 671 466

twitter / facebook @grwp1group

Snap Cymru (provides information, advice and support for families of children who may have, additional learning needs or disabilities)

helpline 0808 801 0608

email enquiries@snappcymru.org



Useful Websites

www.affinityhub.uk (Emotional support for parents of children with special needs)

<https://www.mencap.org.uk/advice-and-support> (The leading voice of learning disabilities)

<https://www.contact.org.uk> (A charity for families of children with disabilities)

www.sibs.org.uk (Support for siblings of children with learning disabilities)

www.portage.org.uk (National Portage Association)

References

www.mencap.org.uk,

www.contact.org.uk,

www.affinityhub.uk,

[Early Support](#)



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

Global Developmental Delay / Emerging Learning Disabilities



Support for parents

Time and support and understanding from others will ensure your emerging child becomes the best and happiest they can be.