

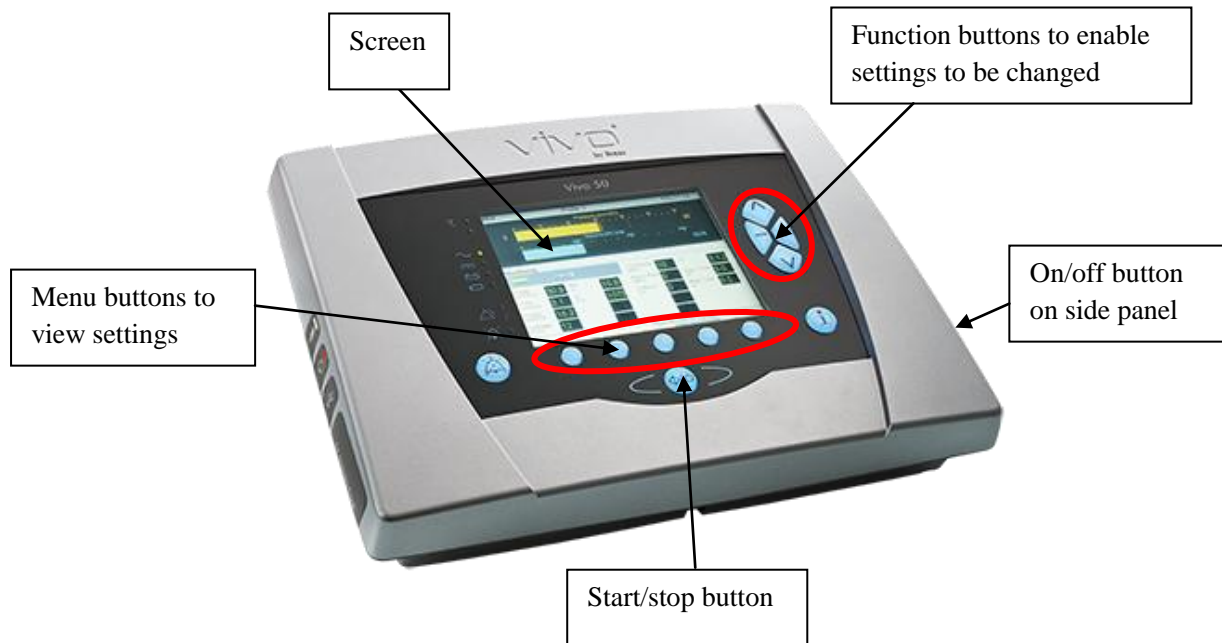


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ADULT CYSTIC FIBROSIS CENTRE

Breas Vivo 50 User Guide

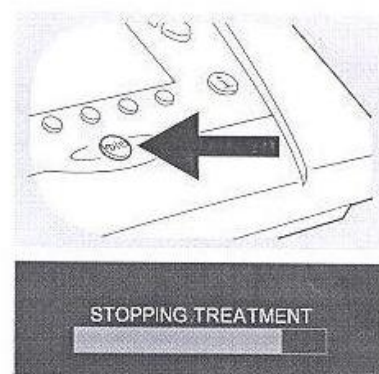
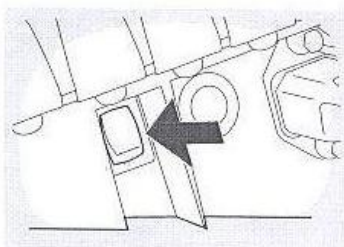


Switching the VIVO on

1. Press the on/off button on the side panel. The VIVO will be in standby mode.
2. Press and hold the start/stop button until the progress bar is filled.
3. The VIVO will enter treatment mode and will be ready to use as required.

Switching the VIVO off

1. Once use of the VIVO is complete, press and hold the start/stop button until the progress bar is filled.



2. Press the on/off button twice on the side panel within 5 seconds. The VIVO will enter standby mode but will not power off.

3. Press the on/off button again to power off the machine.

Helpful Tips

1. If using the VIVO as a treatment adjunct, aim to use before meals or at least one hour after meals to prevent any nausea.
2. If using the VIVO as a treatment adjunct, ensure that DNase has been taken at least one hour beforehand.
3. Treatment sessions with the VIVO can be combined with manual techniques and also in varying positions as appropriate.
4. Ensure that the VIVO is kept clean by:
 - a. Wiping the machine regularly with appropriate cleaning wipes.
 - b. Changing the antibacterial/antiviral filter as advised by your Physiotherapist.
 - c. Changing the tubing regularly, more so if unwell.
 - d. Washing the mouthpiece regularly in warm soapy water.

Important Information

If using the VIVO as a treatment adjunct or as non-invasive ventilation (NIV), **DO NOT** change the programmed settings as this may cause serious harm. Please consult your physiotherapist if you would like to discuss your VIVO settings.

Stop if you...

Develop new symptoms such as:

- Increased shortness of breath
- Chest pain
- Chest tightness
- Blood in your secretions.

Seek advice from your physiotherapist immediately if any of the above symptoms arise.

If you require any further information regarding the VIVO or any other physiotherapy techniques please do not hesitate to contact us:

Physiotherapy team
Adult Cystic Fibrosis Centre
University Hospital Llandough
Penlan Road
Penarth
CF64 2XX

Tel: 029 20716841 or 029 20711711 and ask for bleep 4989.