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Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

All Wales Adult Cystic Fibrosis Centre

E-flow Cleaning instructions

This is only available through the CF centre. This is a very expensive (approximately £500) machine. It does not need to be serviced but the pots (also called handsets) need changing once per year and the things that look like filters (see below right called aerosol heads) need changing every 6 months.



All the consumables except the aerosol head can be disassembled and washed with water approx 40 degrees C and dishwashing detergent for 5 minutes, then rinse for 1 minute under running warm water and then dry thoroughly. Consumables should be sterilised daily. The metal mesh should not be touched or wiped as the mesh will block. The manufacturers recommend sterilisation daily for 15 minutes in a steam steriliser or boiled in distilled water for at least 15 minutes. When in hospital the equipment should be washed in the same way as home by the patient. Physiotherapy will sterilise by using the infection appropriate steriliser and running a 'dry' sterilisation program between each patients' equipment.