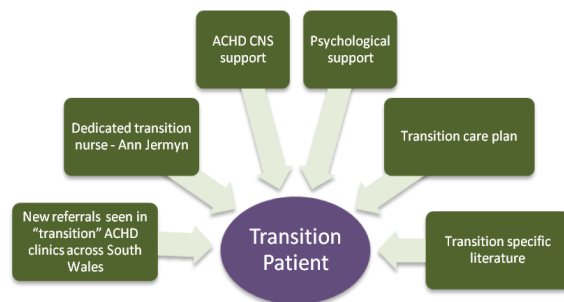


## Transition

“a purposeful, planned process that addresses the medical, psychosocial and educational/vocational needs of adolescents and young adults with chronic physical and medical conditions as they move from child-orientated to adult-orientated health care systems” (Blum et al 1993)

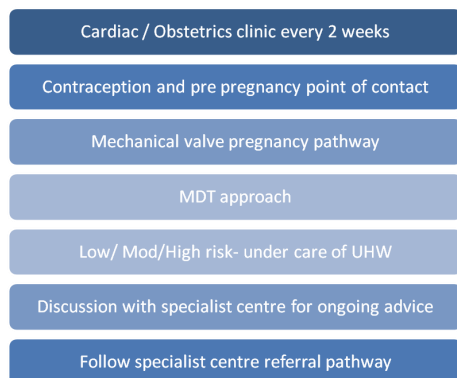
**Ann Jermyn** (Paediatric Cardiology Transition Nurse) is based at UHW and leads services and care for patients of transition age. She works closely and collaboratively with the ACHD team and ACHD cardiology services across South Wales. All patients transferring from paediatric to adult services will receive a comprehensive transition care plan



## Cardiac Obstetrics

Service Lead Cardiology - Dr Helen Wallis

Service Lead Obstetrics – Dr Claire Francis



*\*Low risk pregnancies may be managed in local centre*

## Useful Resources/Guidance:

### - ESC – GUCH Guidelines:

<http://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Grown-Up-Congenital-Heart-Disease-Management-of>

### - NICE Guidelines including antibiotic prophylaxis for ACHD patients:

<https://pathways.nice.org.uk/pathways/structural-heart-defects>

### - AHA - ACC/AHA 2008 Guidelines for the Management of Adults With Congenital Heart Disease:

<http://circ.ahajournals.org/content/circulationaha/118/23/e714.full.pdf>

### - ACHD standards NHS England 2016:

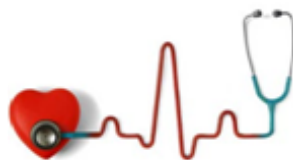
<https://www.england.nhs.uk/commissioning/wp-content/uploads/sites/12/2016/03/chd-spec-standards-2016.pdf>

### - RCN guidelines – ACHD CNS:

[https://www2.rcn.org.uk/\\_\\_data/assets/pdf\\_file/0009/626877/004522.pdf](https://www2.rcn.org.uk/__data/assets/pdf_file/0009/626877/004522.pdf)

## Website support:

- Somerville foundation <http://www.thesf.org.uk>
- BHF <https://www.bhf.org.uk>
- Little heart matters <https://www.lhm.org.uk/>
- Downs heart group <http://www.dhg.org.uk/>
- The Heart line <https://www.heartline.org.uk/>
- PH foundation <http://www.phassociation.org/>
- Cruise bereavement support <http://www.cruse.org.uk/wales-contact>
- Citizens advice [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)



## The South Wales Adult Congenital Heart Disease (ACHD) Service.



Adult Congenital Heart Disease is a success story. It is estimated between five and nine of every 1,000 pregnancies results in Congenital Heart Disease (CHD). Ever more people born with CHD are surviving well into adulthood.

While the number of adults with CHD is known to be increasing there is no reliable estimate of the number of people living with CHD. In the future we are likely to see the service moving from one that is focussed on children, to one that is treating a growing number of young people and adults, often with complex health needs.

The consequent need to expand the Welsh ACHD service to treat people in a more timely manner and closer to their homes has been recognised.

The care and management of ACHD patients is a truly multi-faceted approach covering multiple disciplines and spans a life-time. Our ACHD team consists of Specialists who work together to provide holistic care for adults (aged 16 years and over) across Wales.

## Welsh ACHD Network

The ACHD team is based at the University Hospital of Wales (UHW) but have established networks and are developing new clinics across South Wales; the aim is to bring specialist care and services closer to a patients' home.

## The Welsh ACHD Team

- Lead ACHD Consultant Cardiologist: Dr G Szantho
- Consultant Cardiologist: Dr D Wilson
- Consultant Cardiologist: Dr N Masani
- Consultant Cardiologist: Dr H Wallis

-Service Co-ordinator: Elizabeth Corris **02920 743892**

-Clinical Nurse Specialists:

-Bethan Shiers & Sarah Finch **02920 744580**

-Transition Nurse Specialist: Ann Jermyn **02920 748046**

-Lead Physiologist: Sam Bowen **02920 744551**

-Cardiac Obstetric Team: Dr H Wallis & Dr Claire Francis  
**02920 745196**

-Peripheral Cardiology Support:

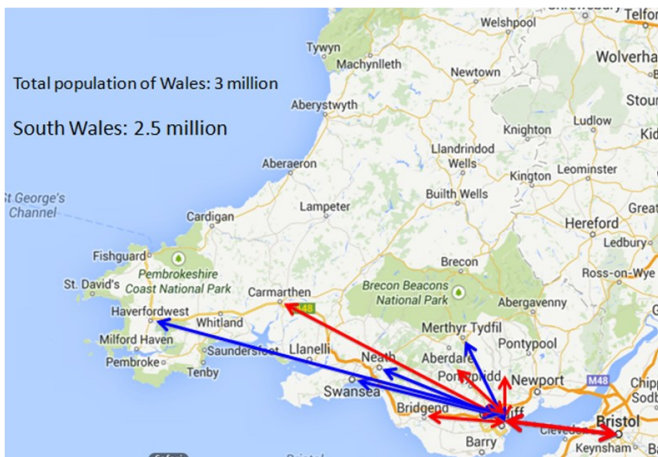
-Dr H Wallis (Abertawe Bro Morgannwg & Hywel Dda)  
**01639 862049**

-Dr C Williams (Cwm Taf); **01443 443 642**

-Dr P Campbell (Aneurin Bevan) **01495 765 055**

## Clinics are held in:

- UHW, (Cardiff & Vale)
- Ysbyty Cwm Rhondda (Cwm Taf)
- Prince Charles Hospital (Cwm Taf)
- Singleton Hospital (Abertawe Bro Morgannwg)
- Neath Port Talbot (Abertawe Bro Morgannwg)
- Princess of Wales Hospital (Abertawe Bro Morgannwg)
- Glangwili Hospital (Hywel Dda)
- Withybush General Hospital (Hywel Dda)
- Ysbyty Ystrad Fawr (Aneurin Bevan)



In addition to these newly established monthly peripheral ACHD clinics, each health board will hold a Transition Clinic twice yearly. UHW will also host a fortnightly joint Cardio-vascular-Obstetric Clinic.

## National ACHD Network (See Diagram 1)

UHW works as a level 2 ACHD intermediate centre.

University Hospitals Bristol is our level 1 ACHD specialist surgical centre. We work collaboratively with the team to provide complex surgical and cardiology intervention for our patients.

## Bristol Contact details :

- BRI switchboard: 0117 923 0000

ACHD Cardiologists	ACHD surgeons
Dr G Stuart	Mr A Parry
Dr M Turner	Mr S Stoica
Dr R Bedair	Mr M Caputo
Dr S Curtis	

- ACHD secretary: 0117 342 6571/ 6557/ 6550
- ACHD Specialist Nurses: 0117 342 6599
- Cardiology waiting list 0117 342 6557
- Cardiac Surgery Waiting List: 0117 342 6558/ 6559

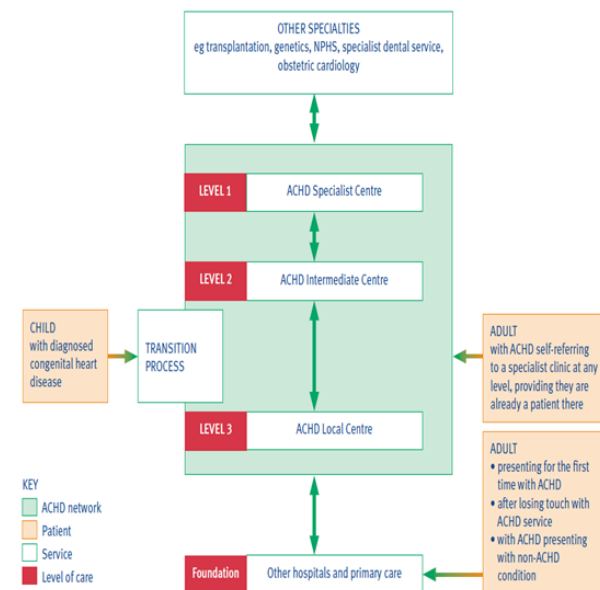


Diagram 1

## ACHD Clinical Nurse Specialist Team



## Sarah Finch & Bethan Shiers

ACHD Advice line Monday-Friday 10am- 4pm

02920 744 580 / 07966 982 995

Sarah.Finch2@wales.nhs.uk/  
Bethan.Shiers@wales.nhs.uk

The two Adult Congenital Nurse specialists provide a point of contact for patients and offer:

Knowledge and understanding of underlying cardiac conditions, help with surgical/cardiology queries and general clinical queries, medication support/advice/compliance/titration, transition, pregnancy/contraception advice, end of life support, learning disability support, psychological support, lifestyle advice and financial/employment issues.